# Summary of Health Canada Projects in Alberta

## 1998 - 1999

Health Canada Santé Canada

Canada

**Our mission is to help the people of Canada maintain and improve their health.**

***Health Canada***

Summary of Health Canada Projects in **Alberta (1998-1999)** refers to projects funded through the Health Promotion and Programs Branch, Alberta/NWT Region

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# WHO WE ARE AND WHAT WE DO

Health Canada's Health Promotion and Programs Branch (HPPB) for the Alberta/NWT Region was established in 1992. Our mandate is to deliver federal health promotion programs in Alberta and the Northwest Territories through working collaboratively with organizations in government, non-government and private sectors.

A key strategic direction for HPPB is population health. This is an approach which addresses the entire range of factors and the way they act together in determining the health and well-being of Canadians. Factors such as healthy child development, social supports, employment, education, and a clean environment all interact and impact our health. Population health strategies take into account these interactions and are designed to affect the health of an entire population or significant sub-populations.

The HPPB Alberta/NWT Region uses a life cycle approach to its program planning and delivery. Research and social marketing staff provide support in the development and implementation of these initiatives through strategic knowledge management and population health marketing.

The HPPB Regional Offices in Edmonton and Calgary work closely with the Province of Alberta to ensure that federal health promotion programs complement provincial priorities. As programs are implemented, special attention is directed towards avoiding duplication and overlap. The Alberta/NWT Region also works collaboratively with Health Canada's national HPPB directorates, as well as partnering with other federal departments such as Environment Canada on issues involving health and the environment. Our regional offices maintain close links with community organizations, private foundations, diverse cultural groups, Métis and First Nations organizations, Alberta universities, and research centres.

# HOW TO PUT THIS REPORT TO WORK

The purpose of this report is to provide our partners - other federal departments, the Government of Alberta, Regional Health Authorities and Regional Councils, research organizations, municipal governments, the business sector, politicians, and non-profit health, social support, and environmental groups - with a comprehensive resource describing all projects funded in the province by HPPB Alberta/NWT Region. Health practitioners, researchers and decision-makers will find it a practical source of information and data as they plan and implement health initiatives. The report is also useful as a networking tool to develop or enhance intersectoral links.

Projects described in this report were initiated or ongoing during the period April 1, 1998 to March 31, 1999. Total amounts of funding for multi-year periods are not listed as this document seeks to offer a snapshot of community initiatives, who did them, and how much money was allocated for work during a single fiscal year. For easy reference, project summaries are grouped according to the Alberta Health Region in which the project sponsor is located. Charts in the Introduction provide information on the total amounts of funding approved in each health region. Projects funded in the Métis Settlements are grouped together in one section as well as appearing in the appropriate health region sections. We have also included information on the organizational structure of the HPPB Alberta/NWT Region and the future directions we plan to take.

# ALBERTA/NWT HPPB PROGRAMS

The population health approach continues to guide policy and program development in the Health Promotion and Programs Branch. It is within this context that the Alberta/NWT Region funded projects in Alberta during 1998/1999 under the following programs: the Aboriginal Head Start Initiative; the AIDS Community Action Program, the Canadian Strategy On HIV/AIDS; the Canada Prenatal Nutrition Program; the Community Action Program for Children; and the Population Health Fund (which includes the Community Animation Program).

Brief descriptions of all HPPB programs delivered in the province through the Alberta/NWT Region are provided below. Please note that abbreviations for program names are commonly used throughout this report.

**Aboriginal Head Start Initiative (AHS)**
Supports the development and implementation of community-driven culturally appropriate programming designed to support healthy child development and school readiness.

**AIDS Community Action Program, Canadian Strategy On HIV/AIDS (ACAP)**
Develops and strengthens the ability of community-based organizations to address their particular HIV/AIDS issues through targeted prevention education, health promotion for people living with HIV/AIDS and creating supportive environments. ACAP supports both project and operational funding.

**Canada Prenatal Nutrition Program (CPNP)**
Helps community groups and organizations to address the needs of at-risk pregnant women, and to assist them in having healthier pregnancies and improving their child's health. The program focuses on mothers and on infants up to 12 months postpartum.

**Community Action Program for Children (CAPC)**
Helps community groups address the health, educational and developmental needs of children at-risk aged 0-6 years, while strengthening and supporting their families.

**Population Health Fund (PHF)**
Increases community capacity for action on, and across, the determinants of health by supporting initiatives that facilitate joint planning and coordinated action across sectors.

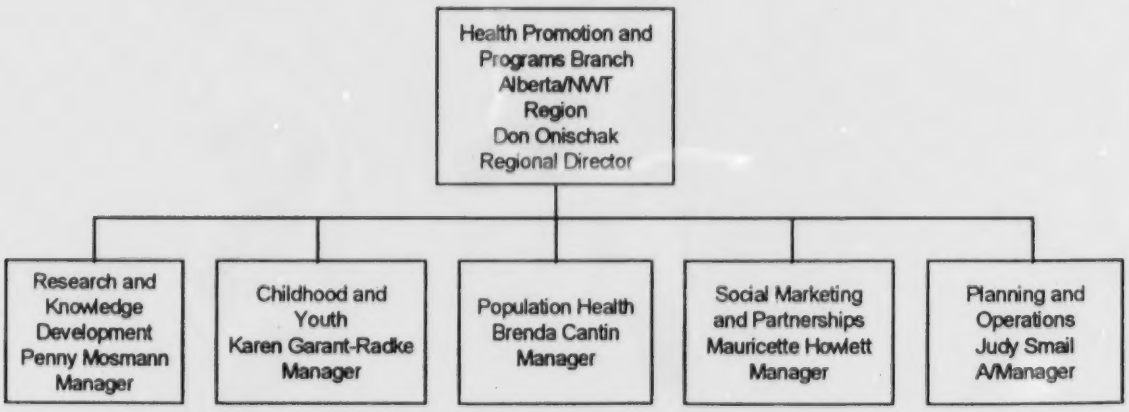
PHF dollars also support the **Community Animation Program (CAP)** which provides specific assistance to communities taking action on issues involving health and the environment.

# ORGANIZATIONAL STRUCTURE

HPPB Alberta/NWT Region has developed an organizational structure to facilitate Health Canada's vision of a renewed health system based on a population health approach. This framework provides a broad, more holistic concept of well-being which addresses the wide range of determinants that affect our health, and supports comprehensive and coordinated action by the government, voluntary and private sectors.

The life cycle approach to population health addresses health as we move through three stages: childhood and youth, early to mid-adulthood, and later life. HPPB Alberta/NWT Region has established 5 sections to carry out business within the population health framework, and to focus action on the health determinants within and across the life stages. These sections and their key roles are listed below. Highlights of section activities will be provided following this brief introduction to our organizational structure.

- **Research and Knowledge Development** - information management, policy recommendations, models of practice and federal/provincial/territorial relations.
- **Childhood and Youth** - program delivery within a population health framework addressing childhood and youth through the management of the Community Action Program for Children, Canada Prenatal Nutrition Program, and the Aboriginal Head Start Initiative.
- **Population Health** - program delivery within a population health framework focusing on early to mid-adulthood and later life through management of the Population Health Fund (includes the Community Animation Program) and the AIDS Community Action Program.
- **Social Marketing and Partnerships** - population health marketing initiatives, development and enhancement of intersectoral partnerships and electronic information management.
- **Planning and Operations** - organizational administration, human resources, planning, finance and quality standards.



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# HOW WE CARRY OUT BUSINESS
## ROLES, RESPONSIBILITIES, ACCOMPLISHMENTS

### RESEARCH AND KNOWLEDGE DEVELOPMENT SECTION

The Research and Knowledge Development Section (RKDS) was established in September 1997 to provide regional leadership and support as HPPB, AB/NWT moved forward in its implementation of the population health approach. RKDS has carried out this role in the following key areas of responsibility:

- health promotion and population health research (evaluation, models, best practices)
- population health knowledge management (synthesis, analysis, application, dissemination)
- consultations with various stakeholder groups
- regional FPT relations regarding population health
- policy background work on HPPB program management pre/post division of the Northwest Territories into Nunavut (East) and NWT(West), and self-government issues
- linkages with Métis Peoples in Alberta (advice on potential health systems)
- recommendations on policy directions in health promotion and population health

Future directions for the Research and Knowledge Development Section include facilitating access to and/or direct provision of data analysis services and enhancing regional capacity to forecast trends related to population health.

### CHILDHOOD AND YOUTH SECTION

The Childhood and Youth Section manages the Community Action Program for Children (CAPC), the Canada Prenatal Nutrition Program (CPNP) and the Aboriginal Head Start Initiative (AHS). In addition to providing ongoing consultation and support to community projects funded under these programs, CYS is active in promoting best practices through facilitating training, networking and support among projects. Annual conferences bring projects together to share and learn from each other and from resource people in areas such as child health and development, program delivery, Aboriginal culture, health promotion, and evaluation.

Evaluation activities promote program improvement, knowledge development and accountability. Whether through an integrated evaluation addressing national, provincial and local needs (CPNP), outcome measurement (CAPC), or individual site-based evaluations (AHS), all projects participate in evaluation.

CYS also collaborates with other organizations at provincial and regional levels to promote the health of children and youth. Highlights include Alberta's Healthy Families initiative and the Fetal Alcohol Syndrome initiatives sponsored by Alberta and through the Western Provinces collaboration.

## POPULATION HEALTH SECTION

As indicated in the introduction, Health Canada has adopted a population health approach to further its objective to maintain and improve the health of Canadians. This approach recognizes that many factors, in addition to the health care system, have a strong influence on health. The approach promotes prevention and positive action on determinants that affect the health of the population as a whole, or that of specific population groups.

The Population Health Section uses a population health approach in the delivery and management of the Population Health Fund, the AIDS Community Action Program and the Community Animation Program. In addition, the section is responsible for program delivery focusing from early adulthood through to later life.

The Population Health Section works collaboratively with other sections to promote use of a population health approach internally to create better informed decision-making. The section is also responsible for furthering the population health approach in communities.

Examples of work in these areas include the development of a public presentation describing population health and the determinants of health, and hosting a workshop focusing on skill development in these areas for community groups and agencies.

## SOCIAL MARKETING AND PARTNERSHIP SECTION

The Social Marketing and Partnerships Section (SMP) is one of HPPB's newest sections and was established in September 1997. At HPPB we see social marketing as a planned strategy for changing behaviour: it raises awareness to action, creates momentum and sells desirable values; not products or services. In its most general sense, social marketing is a new way of thinking about some very old human endeavours. In recent times, health promotion initiatives have utilized social marketing strategies to affect behaviour with regard to tobacco-use reduction, drug abuse, drinking and driving, HIV, immunization and physical activity.

In this vein, the Social Marketing and Partnerships Section works with community groups, non-profit organizations, corporate sponsors, and other intersectoral partners to analyze, focus and target population groups to positively affect attitudes and beliefs about healthy choices and healthy lifestyles by using the social marketing planning process.

In the AB/NWT Region, the Social Marketing and Partnerships Section has developed its capacity to:

- provide workshops to train others in utilizing social marketing strategies in program or project development;
- produce marketing materials for Branch social marketing endeavours; and,
- facilitate intersectoral partnership and leverage resources.

## PLANNING AND OPERATIONS SECTION

The Planning and Operations Team is responsible for providing administrative and financial services to support HPPB operations in the Alberta/NWT Region and for providing advice to management and staff on administrative regulations, policies and procedures. Areas of responsibility include managing human resources and accommodations activities, monitoring program expenditures and commitments, preparing budget forecasts, and participating in strategic planning and priority setting.

Planning and Operations Staff also work closely with HPPB client groups, i.e., organizations funded through our program stream to provide advice on financial management practices and ensure that payments are processed promptly and accurately.

# Where We Are Going

The coming fiscal year promises to be one of focused activity and growth for the Health Promotion and Programs Branch of Health Canada. HPPB Alberta/NWT will enhance its role in improving access to health information through strategic use of its new regional website to share health promotion and population health learnings, and to encourage networking among health partners in federal, provincial and territorial governments, voluntary organizations and the private sector. Social marketing and research strengths will be focused to provide clear language evidence which can effectively be used by different stakeholders in their decision-making about preventive community health.

The region will also build on its strong work in healthy child development by supporting culturally appropriate, community partnership initiatives which focus on prenatal and family health, positive early childhood experiences and enhancement of school readiness. The mobilization of the population health approach will be further enhanced through strategic consultations with various sectors of our regional population to provide more opportunities for citizen engagement in initiatives to support community wellness.

Like you, we look forward to the opportunities that the new millennium will bring to strengthen our collective quality of life. We are convinced that the year 2000 and beyond will bring even more opportunities for HPPB Alberta/NWT to work collaboratively with present and future partners to take strong action on health and the factors which influence it.

# FUNDING ALLOCATED PER HEALTH REGION
## ALBERTA REGION 1998-1999

| Health Region | HPPB Program | Number of Projects | Funding |
|---|---|---|---|
| **Chinook Health Region RHA #1** | ACAP | 2 | 34,000.00 |
| | CPNP | 1 | 65,500.00 |
| | CAPC | 2 | 330,500.00 |
| | PHF | 1 | 15,000.00 |
| | **Totals** | **6** | **$445,000.00** |
| **Palliser Health Region RHA #2** | ACAP | 1 | 10,000.00 |
| | CPNP | 1 | 83,000.00 |
| | CAPC | 1 | 50,000.00 |
| | PHF | 1 | 23,000.00 |
| | **Totals** | **4** | **$166,000.00** |
| **Headwaters Health Region RHA #3** | ACAP | 1 | 10,000.00 |
| | CPNP | 1 | 60,100.00 |
| | **Totals** | **2** | **$70,100.00** |
| **Calgary Health Region RHA #4** | AHS | 1 | 328,300.00 |
| | ACAP | 2 | 103,000.00 |
| | CPNP | 1 | 132,500.00 |
| | CAPC | 4 | 1,339,664.00 |
| | CAP | 5 | 22,465.00 |
| | PHF | 5 | 235,000.00 |
| | **Totals** | **18** | **$2,160,929.00** |
| **Region 5 Health Region RHA #5** | CPNP | 1 | 55,100.00 |
| | **Totals** | **1** | **$55,100.00** |

# FUNDING ALLOCATED PER HEALTH REGION
## ALBERTA REGION 1998-1999

| Health Region | HPPB Program | Number of Projects | Funding |
|---|---|---|---|
| David Thompson Health Region RHA #6 | AHS | 1 | 201,650.00 |
| | ACAP | 3 | 343,000.00 |
| | CPNP | 2 | 69,930.00 |
| | CAPC | 1 | 107,800.00 |
| | CAP | 1 | 1,250.00 |
| | PHF | 1 | 15,000.00 |
| | **Totals** | **9** | **$738,630.00** |
| East Central Health Region RHA #7 | CPNP | 2 | 82,954.00 |
| | CAPC | 4 | 153,420.00 |
| | **Totals** | **6** | **$236,374.00** |
| Westview Health Region RHA #8 | AHS | 1 | 201,650.00 |
| | ACAP | 2 | 32,000.00 |
| | CPNP | 1 | 50,607.00 |
| | CAPC | 2 | 328,542.00 |
| | CAP | 1 | 4,115.00 |
| | **Totals** | **7** | **$616,914.00** |
| Crossroads Health Region RHA #9 | CPNP | 1 | 52,494.00 |
| | CAPC | 1 | 200,416.00 |
| | **Totals** | **2** | **$252,910.00** |

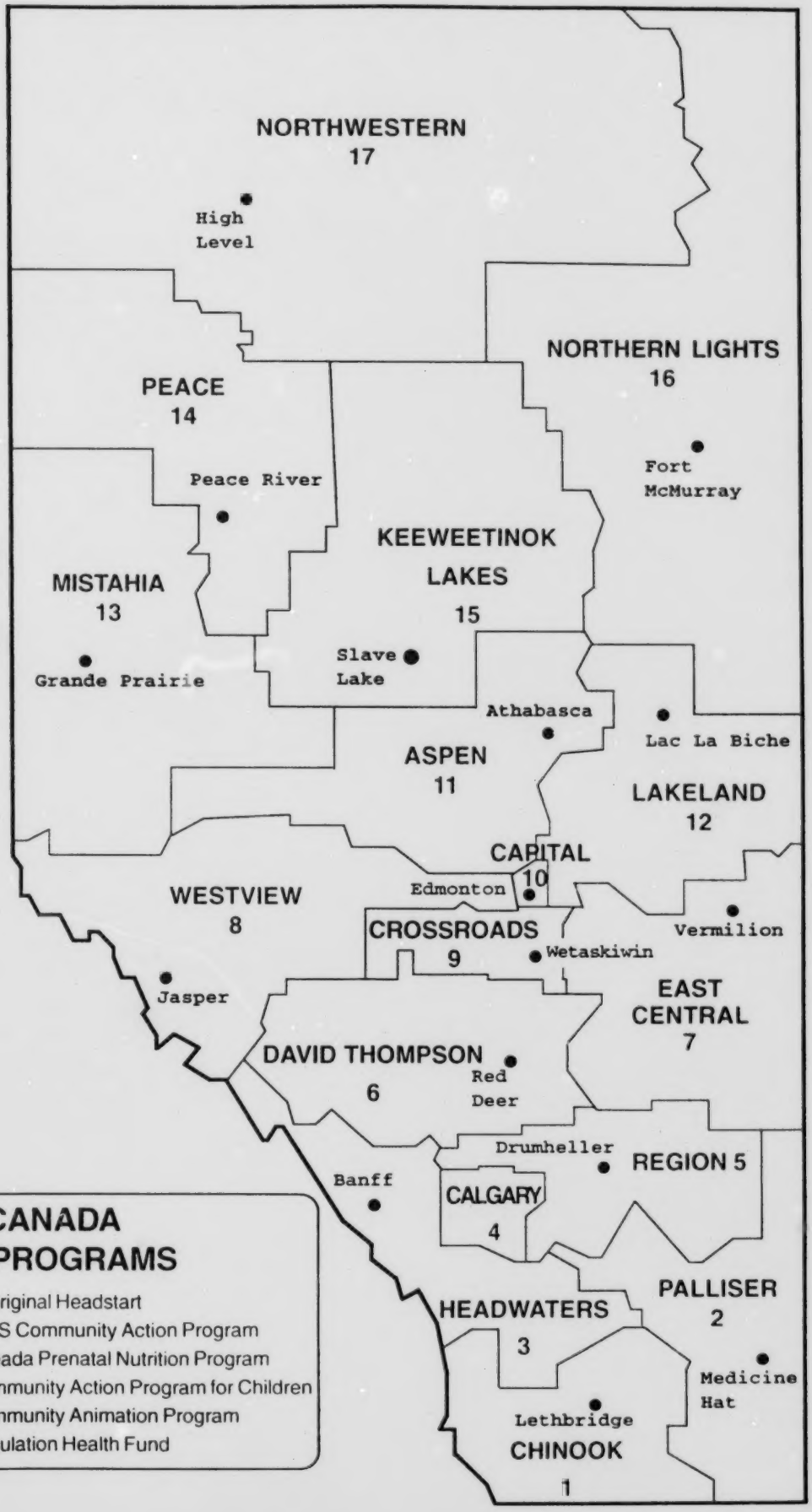
# FUNDING ALLOCATED PER HEALTH REGION
## ALBERTA REGION 1998-1999

| Health Region | HPPB Program | Number of Projects | Funding |
|---|---|---|---|
| Capital Health Region RHA #10 | AHS | 1 | 328,300.00 |
| | ACAP | 6 | 190,000.00 |
| | CPNP | 1 | 156,500.00 |
| | CAPC | 5 | 1,586,541.00 |
| | CAP | 7 | 32,075.00 |
| | PHF | 12 | 313,000.00 |
| | **Totals** | **32** | **$2,606,416.00** |
| Aspen Health Region RHA #11 | CPNP | 1 | 28,000.00 |
| | CAPC | 1 | 161,317.00 |
| | **Totals** | **2** | **$189,317.00** |
| Lakeland Health Region RHA #12 | AHS | 3 | 861,550.00 |
| | CPNP | 2 | 86,778.00 |
| | CAPC | 1 | 50,000.00 |
| | PHF | 1 | 24,000.00 |
| | **Totals** | **7** | **$1,022,328.00** |
| Mistahia Health Region RHA #13 | AHS | 1 | 211,650.00 |
| | ACAP | 2 | 26,000.00 |
| | CPNP | 1 | 66,800.00 |
| | CAPC | 1 | 66,200.00 |
| | PHF | 1 | 25,000.00 |
| | **Totals** | **6** | **$395,650.00** |

# FUNDING ALLOCATED PER HEALTH REGION
## ALBERTA REGION 1998-1999

| Health Region | HPPB Program | Number of Projects | Funding |
|---|---|---|---|
| **Peace Health Region RHA #14** | CPNP | 1 | 78,900.00 |
| | CAP | 1 | 1,000.00 |
| | PHF | 1 | 15,000.00 |
| | **Totals** | **3** | **$94,900.00** |
| **Keeweetinok Lakes Health Region RHA #15** | AHS | 2 | 406,600.00 |
| | CPNP | 2 | 81,215.00 |
| | CAPC | 2 | 257,000.00 |
| | **Totals** | **6** | **$744,815.00** |
| **Northern Lights Health Region RHA #16** | AHS | 1 | 201,650.00 |
| | CPNP | 1 | 30,322.00 |
| | CAPC | 1 | 393,300.00 |
| | **Totals** | **3** | **$625,272.00** |
| **Northwestern Health Region RHA #17** | AHS | 1 | 201,650.00 |
| | CPNP | 1 | 58,800.00 |
| | CAPC | 1 | 415,300.00 |
| | **Totals** | **3** | **$675,750.00** |
| | **Grand Total** | **117** | **$11,096,405.00** |

# HEALTH REGIONS IN ALBERTA

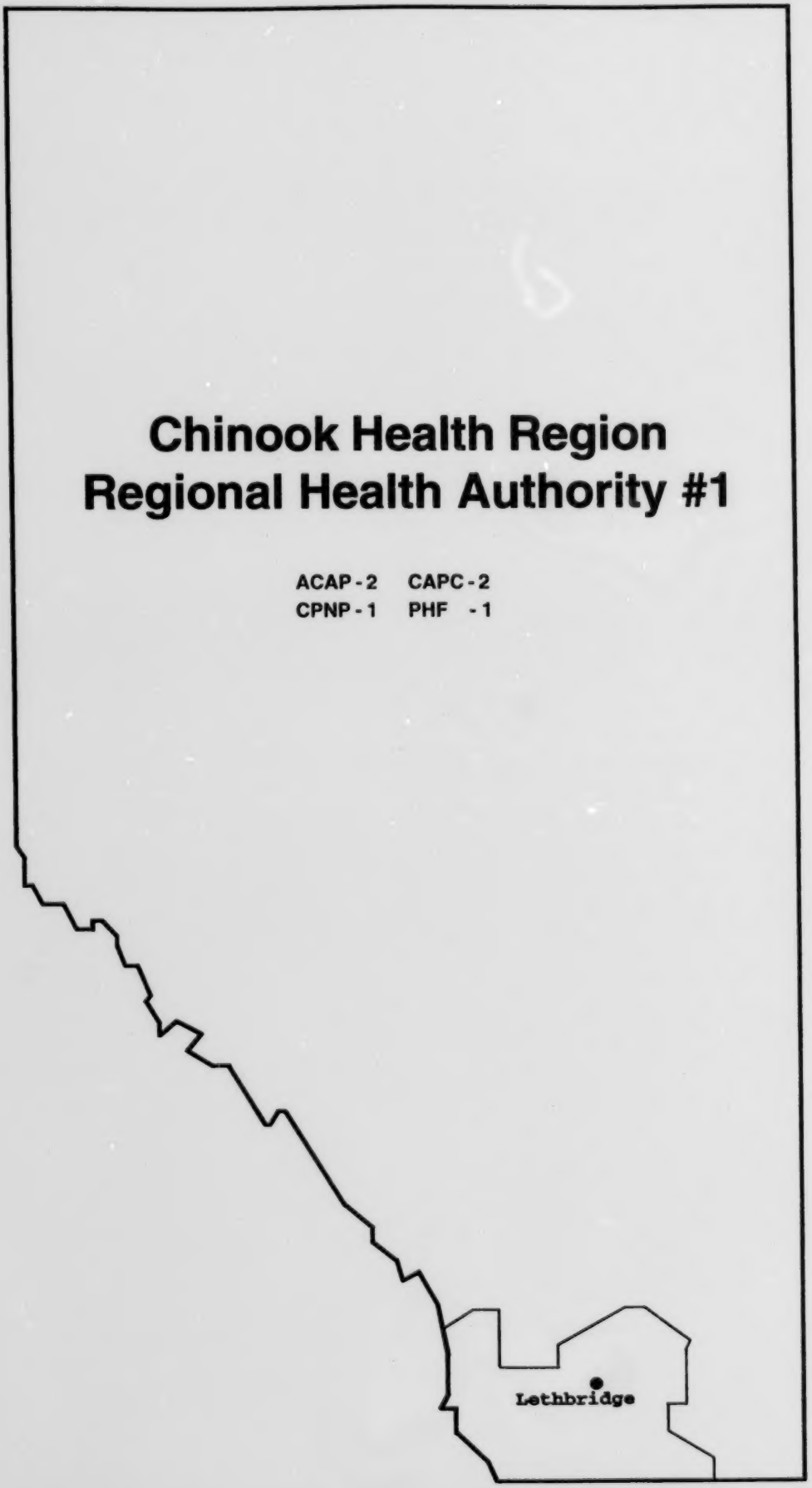



## HEALTH CANADA FUNDED PROGRAMS

| | |
|---|---|
| AHS - | Aboriginal Headstart |
| ACAP - | AIDS Community Action Program |
| CPNP - | Canada Prenatal Nutrition Program |
| CAPC - | Community Action Program for Children |
| CAP - | Community Animation Program |
| PHF - | Population Health Fund |

# Chinook Health Region
# Regional Health Authority #1

ACAP - 2 CAPC - 2
CPNP - 1 PHF - 1



**PROJECT:** **Creating Positive Environments Phase II - ACAP**
*Project #:* *6555-2-544*

**SPONSOR:** **Lethbridge AIDS Connection**
**421, 515 7 Street South**
**Lethbridge, Alberta T1J 2G8**
**Phone: (403) 328-8186; Fax: (403) 328-8564**

**GRANT:** **$23,000**

The Lethbridge AIDS Connection uses its operational funding to continue to work on prevention education for vulnerable groups in this community. The organization also applies this funding to key ongoing initiatives which include health promotion for persons with HIV/AIDS and the creation of more supportive environments for individuals affected by HIV/AIDS.

**PROJECT:** **Women Together: Challenging HIV and Gender Barriers - ACAP**
*Project #:* *6963-09-1998/0070036*

**SPONSOR:** **Womenspace Resource Centre**
**#8, 740 - 4th Avenue South**
**Lethbridge AB T1J 0N9**
**Phone: (403) 329-8338; Fax: (403) 329-8886**

**GRANT:** **$11,000**

The goal of the project is to further develop the innovative education strategies identified by the focus groups conducted by the Lethbridge AIDS Connection in 1996/1997. These focus groups recommended strategies that address how to reach families, youth within and outside the school system, Aboriginal people and women. This project will review these recommendations, select the educational strategies they will develop and identify the activities and timelines to implement these strategies.

**PROJECT:** **Better Beginnings - CPNP**
*Project #:* *6971-09-96-018*

**SPONSOR:** **Health Promotion Association of Lethbridge and Area**
**801 - 1st Avenue South**
**Lethbridge AB T1J 4L5**
**Phone: (403) 317-7104; Fax: (403) 382-4481**

**CONTRIBUTION:** **$65,500**

This project has expanded the Better Beginnings Program throughout the Chinook Health Region. Project activities focus on five key areas: reducing low birth weight outcomes; increasing the numbers of pregnant and parenting women who report decreased stress; increasing self-esteem and coping skills; increasing initiation and duration of breastfeeding; and decreasing use of alcohol, drugs and tobacco. A steering committee and a community committee provide opportunities for participant involvement in decision-making.

**PROJECT:** **Children's Development Centre - CAPC**
*Project #:* *4927-09-94-023*

**SPONSOR:** **Lethbridge Native Women's Transition Home Society**
**Box 1448**
**Lethbridge AB T1J 4K2**
**Phone: (403) 329-6506; Fax: (403) 329-0285**

**CONTRIBUTION:** **$230,500**

This project provides a Native Head Start Program for 25 high risk children ages 3 to 6. Also included is a Native parenting and family outreach program with emphasis on traditional child-rearing principles and life skills.

**PROJECT:** **Napi Friendship Centre - CAPC**
***Project #:*** ***4927-09-95-029***

**SPONSOR:** **Crowsnest Pass Development Project**
**Box 657**
**Pincher Creek AB T0K 1W0**
**Phone: (403) 627-4224; Fax: (403) 627-2564**

**CONTRIBUTION:** **$100,000**

Programs offered by this project include: a Family Support Program to overcome barriers of rural isolation and teach parenting skills; family literacy programs; conflict-resolution training; a children's program offered by the women's shelter; playschool spaces for at-risk children; and a family resource centre for Aboriginal families.

**PROJECT:** **Mexican Mennonite Community Health Worker - PHF**
***Project #:*** ***6785-09-1998/2450028***

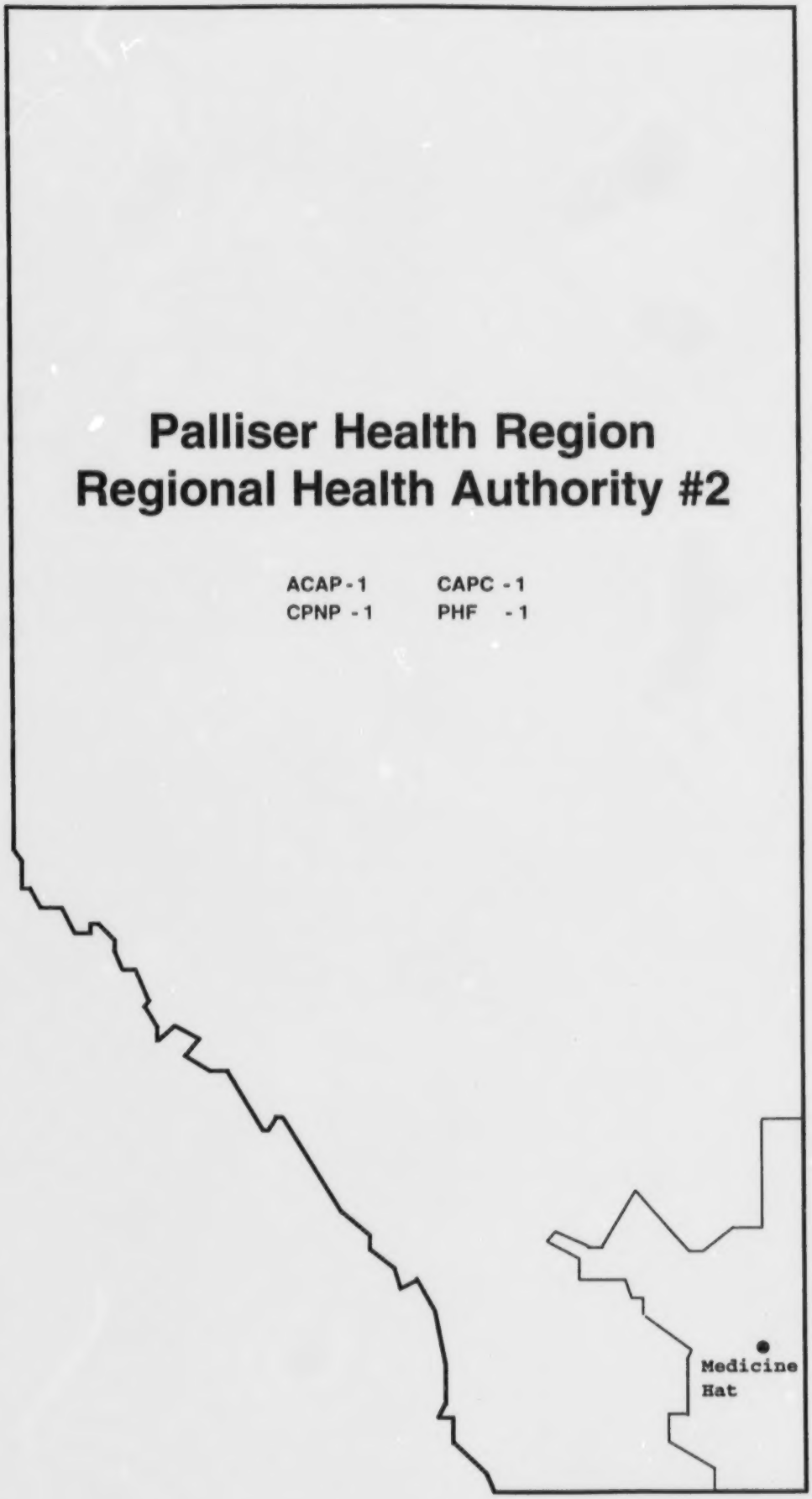
**SPONSOR:** **Health Promotion Association of Lethbridge and Area**
**1101, 400 - 4th Avenue South**
**Lethbridge AB T1J 4E1**
**Phone: (403) 317-7100; Fax: (403) 328-4481**

**GRANT:** **$15,000**

The primary goal of this project is to use a community development process to recruit, orient and train a community health worker from the Southern Alberta Mexican Mennonite Community. The community health worker's role is to work collaboratively with a broad range of community partners to increase their knowledge of, and take action on, the determinants of health. Culturally appropriate health promotion programs targeting parents of child-rearing age will be developed, implemented and evaluated. Action on community-identified concerns, such as workplace health and safety, injury prevention in the home and advocacy skill development will be supported.

# Palliser Health Region
# Regional Health Authority #2

ACAP - 1 CAPC - 1
CPNP - 1 PHF - 1



**PROJECT:** **Rural Outreach Youth Program - ACAP**
*Project #:* ***6963-09-1998/0070026***

**SPONSOR:** **AIDS Medicine Hat Association**
**210, 535 - 3rd Street South East**
**Medicine Hat AB T1A 0H2**
**Phone: (403) 527-7099; Fax: (403) 526-4636**

**GRANT:** **$10,000**

This project focuses on presentations delivered the by Youth Project Worker to high schools and junior high schools (grades 7 to 12) in rural communities and the development of a youth strategy in south eastern Alberta. *Provincial AIDS has contributed $12,085 to this project.*

**PROJECT:** **Best Babies - CPNP**
*Project #:* *6971-09-96-025*

**SPONSOR:** **Medicine Hat Community Umbrella Society and Health Connections**
**2948 Dunmore Road South East**
**Medicine Hat AB T1A 8E3**
**Phone: (403) 526-7950; Fax: (403) 528-2250**

**CONTRIBUTION:** $83,000

This program incorporates a community kitchen into educational programming and provides information and support on breast feeding, food preparation, shopping for low-cost and nutritious foods and infant feeding. The Best Babies program addresses needs of at-risk pregnant women through the provision of counselling, support, food and nutritional supplements and education. "Best Babies" delivers these services throughout the health region

**PROJECT:** **Best Babies Building Blocks - CAPC**
*Project #:* ***4927-09-1998/0140019***

**SPONSOR:** **Medicine Hat Com. unity Umbrella Society and Health Connections**
**2948 Dunmore Road South East**
**Medicine Hat AB T1A 8E3**
**Phone: (403) 502-8200; Fax: (403) 528-2250**

**CONTRIBUTION:** $50,000

The goal of this project is to ensure at-risk children from birth to age 6 and their families have improved health status and optimum growth and development. Project activities include: establishing weekly parent education sessions such as Nobody's Perfect; 1-2-3 Magic and Life Skills; developing a mobile lending library for rural families; and implementing weekly child centered programs in three communities with developmental screening for the children. Two outreach workers will be trained to provide home visits and support to at-risk families in the communities.

**PROJECT:** **Healthy Communities - Phase One - PHF**
***Project #:*** ***6785-09-1998/2450037***

**SPONSOR:** **Medicine Hat Community Umbrella Society and Health Connections**
**2948 Dunmore Road South East**
**Medicine Hat AB T1A 8E3**
**Phone: (403) 502-8301; Fax: (403) 528-2250**

**GRANT:** **$23,000**

This project will enhance the capacity of communities in the Palliser Health Region to work collaboratively and strategically to identify and take action on health priorities and community issues. Activities include conducting a regional capacity analysis, establishing a communications network and planning and implementing the initial phase of a "healthy communities" process.

# Headwaters Health Region
# Regional Health Authority #3

ACAP - 1 CPNP - 1

**PROJECT:** **Education, Prevention Community Outreach - ACAP**
***Project #:*** ***6963-09-1998-0070029***

**SPONSOR:** **AIDS Bow Valley**
**Box 219, Suite 5233**
**Banff AB T0L 0C0**
**Phone: (403) 762-0690; Fax: (403) 678-9269**

**GRANT:** **$10,000**

The goal of this project is to expand educational services to other community members and increase the participation of the general community in HIV/AIDS related work. The project will develop and implement an education presentation to youth in two high schools in the area and recruit and train 30 volunteers to actively participate in the planning and delivery of local fund raising initiatives. The project will result in increased community education and more volunteers and businesses involved in addressing HIV/AIDS issues.

**PROJECT:** **Healthy Moms, Healthy Babies - CPNP**
***Project #:*** ***6971-09-96-028***

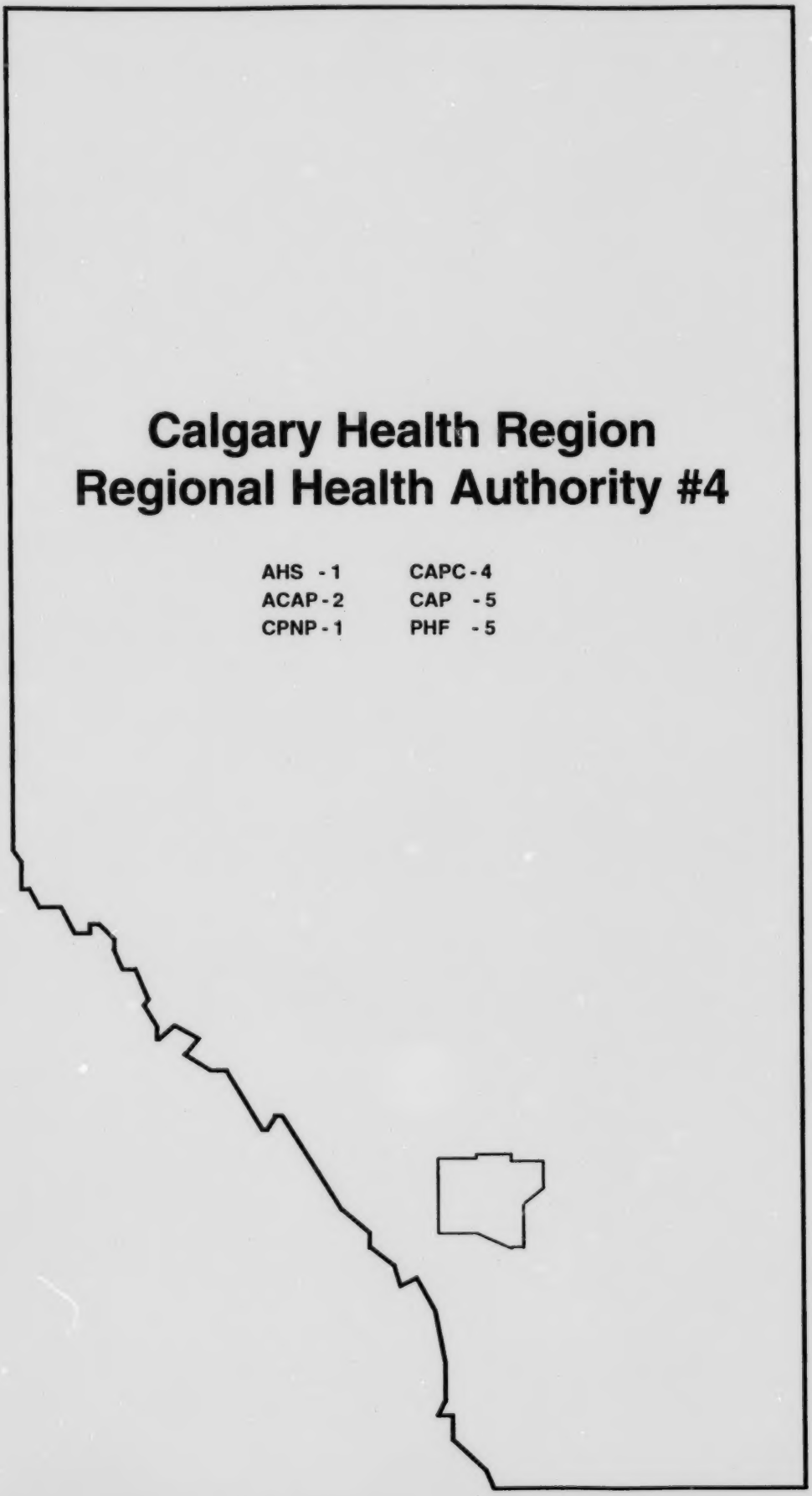
**SPONSOR:** **High River Rotary Club**
**Box 5152**
**High River AB T1V 1M7**
**Phone: (780) 652-6935; Fax: (403) 652-6951**

**CONTRIBUTION:** **$60,100**

This project provides services for at-risk pregnant and postnatal women throughout the health region. Women receive food vouchers and vitamin supplements, counselling and/or referral. Education and support on lifestyle issues such as breastfeeding, tobacco use, substance abuse, violence and alcohol use will be ongoing throughout the project. Services are provided through coordinated action from community agencies working on addictions, family violence and tobacco issues.

# Calgary Health Region
# Regional Health Authority #4

| | |
|---|---|
| AHS - 1 | CAPC - 4 |
| ACAP - 2 | CAP - 5 |
| CPNP - 1 | PHF - 5 |



**PROJECT:** **Calgary Aboriginal Head Start - AHS**
***Project #:*** ***6973-09-96-027***

**SPONSOR:** **Four Directions Foster Parent Association**
**Bay 15, 3200 - 14 Avenue NE**
**Calgary AB T2A 6J4**
**Phone: (403) 215-0399; Fax: (403) 215-0387**

**CONTRIBUTION:** **$328,300**

This project involves two Aboriginal Head Start sites in Calgary, one in the north-east and the other in the south-west sector of the city. Children are introduced to Blackfoot and Cree languages, traditional beliefs, stories, crafts and customs through storytelling, puppets, songs and dance. Sound nutrition and health practices are integrated into the program through a hot breakfast and snack program, and parents participate in fund raising, social events and the development of a parent handbook.

**PROJECT:** **Managing Health Promotion Programs Phase II - ACAP**
***Project #:*** ***6555-2-541***

**SPONSOR:** **AIDS Calgary Awareness Association**
**Suite 200, 1509 Centre Street South**
**Calgary AB T2G 2E6**
**Phone: (403) 508-2500; Fax: (403) 263-7358**

**CONTRIBUTION:** **$93,000**

AIDS Calgary uses its operational funding primarily for targeted prevention education, health promotion programs for persons with HIV/AIDS, evaluation activities, inter-agency networking, work planning and program support activities. Ongoing work is also taking place on creating supportive environments for people living with HIV/AIDS.

**PROJECT:** **AIDS Calgary Community Kitchen - ACAP**
***Project #:*** ***6963-09-1998/0070033***

**SPONSOR:** **AIDS Calgary Awareness Association**
**Suite 200, 1509 Centre Street South**
**Calgary AB T2G 2E6**
**Phone: (403) 508-2500; Fax: (403) 263-7358**

**GRANT:** **$10,000**

The goal of the project is to establish a community kitchen program for people living with HIV who require assistance with nutritional requirements. The project activities will help participants maintain good physical health, assist them in compliance with drug treatment, help breakdown the isolation experienced by marginalized populations, increase knowledge around basic principles of budgeting and cooking inexpensive, well-balanced meals.

**PROJECT:** **Best Beginnings - CPNP**
***Project #:*** ***6971-09-96-017***

**SPONSOR:** **Calgary Inter-Faith Food Bank Society**
**7475 Flint Road SE**
**Calgary AB T2H 1G3**
**Phone: (403) 228-8221; Fax: (403) 261-5951**

**CONTRIBUTION:** **$132,500**

This initiative assists with the expansion of the Best Beginnings Program which targets pregnant teens and low-income Aboriginal and immigrant women. New services developed include food, milk and vitamin/mineral supplements for clients with identified needs, and the establishment of drop-in centres for pregnant and breastfeeding women. Enhanced services include: assessment, counselling and education for at-risk pregnant women, promotion and support for breastfeeding, cohesive and coordinated referrals to appropriate agencies for counselling, and support for lifestyle, medical, parenting and social issues.

**PROJECT:** **The Pre-School Children of Adolescents - CAPC**
***Project #:*** ***4927-09-93-001***

**SPONSOR:** **Catholic Family Service of Calgary**
**Suite 250, 707 - 10 Avenue SW**
**Calgary AB T2R 0B3**
**Phone: (403) 775-7635; Fax: (403) 283-8899**

**CONTRIBUTION:** **$520,983**

This project provides an enriched child care component for teen parents attending school. In addition, it serves parenting teens who are not attending school through an outreach program. Services include: prenatal care and parenting skills, health monitoring and assistance with life skills.

**PROJECT:** **Native Day Program "Ke Mama Nnanik" - CAPC**
***Project #:*** ***4927-09-94-025***

**SPONSOR:** **Métis Calgary Family Services Society**
**3919 Richmond Road SW**
**Calgary AB T3E 7E2**
**Phone: (403) 240-4642; Fax: (403) 240-4846**

**CONTRIBUTION:** **$500,490**

This project offers a parenting and life skills program to families. Programs include: play activities geared to developmental needs, coaching and practice in parent-child interaction, a shared daily meal and field trips to community-based facilities. Native staff combine traditional values with modern parenting methods. The Medicine Wheel Learning Centre provides headstart programming to Métis children.

**PROJECT:** **Mosaic Family Resource Centre - CAPC**
***Project #:*** ***4927-09-95-030***

**SPONSOR:** **Calgary Immigrant Aid Society**
**12 flr, 910 - 7 Avenue SW**
**Calgary AB T2P 3N8**
**Phone: (403) 265-1120; Fax: (403) 266-2486**

**CONTRIBUTION:** **$179,360**

Through this project, the Centre provides a parent and child drop-in program which offers parenting classes, a parent-toddler learning group and self-help groups for parents and young children from the former Yugoslavia. Areas of focus include: health, nutrition, parenting, school readiness/education, social relationships and resource access.

**PROJECT:** **Calgary Native Head Start Program - CAPC**
***Project #:*** ***4927-09-97-032***

**SPONSOR:** **Bow Valley Society for Wholistic Family & Child Development**
**201 60 Avenue SW**
**Calgary AB T2H 0B1**

**CONTRIBUTION:** **$138,831**

This Head Start project provides children 3-6 years of age and their parents with a strong Native cultural program focusing on children, family outreach, and parenting classes. The program emphasizes traditional child-rearing principles and life skills.

**INITIATIVE:** **The Inglewood Wildlands: A Learning Laboratory - CAP**

**SPONSOR:** **Inglewood Wildlands Society**
**2110 - 9th Avenue SE**
**Calgary AB T2G 0V6**
**Phone: (403) 265-1138**

**CONTRACT:** **$5,000**

The Inglewood Wildlands Development Society (IWDS) will create a curriculum-based guidebook ("The Inglewood Wildlands: A Learning Laboratory") for use by schools, families and the general public. The guidebook will contribute to the development of a visitors educational interpretive program, and will increase visibility and awareness of the Wildlands, which were developed through the transformation of a contaminated petro-chemical refinery site.

**INITIATIVE:** **Coordination of Calgary Green Map and Ecological Footprint Projects - CAP**

**SPONSOR:** **Sustainable Calgary Society**
**Suite 201, 1225A Kensington Road NW**
**Calgary AB T2N 3P8**
**Phone: (403) 270-0777; Fax: (403) 270-8672**

**CONTRACT:** **$5,000**

The goal of this project is to develop a "Green Map" and the "Ecological Footprint" for Calgary through a citizen participation process. (A "Green Map" highlights the environmental features of a city, and the "Ecological Footprint" is a tool which helps people understand their impact on the planet.) The process of tool development is designed to promote education around the issues of community health and sustainability. The tools will assist Calgarians to make informed choices about resource consumption and healthy lifestyles.

**INITIATIVE:** **Calgary Community Garden Facilitator - CAP**

**SPONSOR:** **University of Calgary**
**Faculty of Environmental Design**
**2500 University Drive NW**
**Calgary AB T2N 1N4**
**Phone: (403) 220-7859/6601; Fax: (403) 284-4399**

**CONTRACT:** **$2,965**

This initiative will utilize a community garden facilitator to support the development of new community gardens by residents of Calgary neighbourhoods. Project work will focus on promoting inclusive gardens in communities with a higher proportion of low-income residents. A short-term facilitator will act as a technical and developmental resource, and will also support the participation of local gardeners with cognitive or physical disabilities.

**INITIATIVE:** **Community Empowerment Through Outreach Events - CAP**

**SPONSOR:** **Canadian Parks and Wilderness Society (CPAWS)**
**#306, 319 Tenth Avenue SW**
**Calgary AB T2R 0A5**
**Phone: (403) 232-6686**

**CONTRACT:** **$4,500**

This project will launch "Community Empowerment Through Outreach Events", a broad, community-based initiative that will enable Canadian Parks and Wilderness Society to engage more volunteers in reaching out to Calgarians with educational information about Alberta's wilderness and the opportunities for its protection. Specific objectives include greater participation by CPAWS in public events; outreach to more volunteers and a focused training program; and enhanced community awareness of the importance of environmental stewardship.

**INITIATIVE:** **Encountering Community Solutions - CAP**

**SPONSOR:** **Calgary SCOPE Society**
**#211, 2323 - 32 Avenue**
**Calgary AB T2E 6Z3**
**Phone: (403) 509-0200; Fax: (509) 291-4087**

**CONTRACT:** **$5,000**

This project will help facilitate the creation of a five year plan among groups working towards the sustainability and health of Calgary. The five year plan will contribute to each partner's sustainability through increased coordination and sharing of resources. The project will also change the Calgary Community Development Council newsletter to better reflect the interests of the community, and will provide expertise in coordinating the "Encountering Community Solutions" Conference.

**PROJECT:** **Alberta Tobacco Reduction Alliance - Phase I**
**Building Community Capacity in Support of**
**the Alberta Tobacco Reduction Plan - Phase II- PHF**
***Project #:*** ***5555-09-1997/0010007***

**SPONSOR:** **Alberta Cancer Board**
**1331 29 Street NW**
**Calgary AB T2N 4N2**
**Phone: (403) 541-5377/228-4487; Fax: (403) 228-4506**

**GRANT:** **$100,000**

This project will build community capacity in support of the Alberta Tobacco Reduction Plan by enhancing tobacco reduction practitioners' efforts to act on the first-year priorities of the Alberta Tobacco Reduction Alliance (ATRA). Information will be collected through focus groups and interviews that will assist ATRA in developing a comprehensive tobacco reduction policy for Alberta.

**PROJECT:** **A Proposal to Evaluate the 1998-1999 Population Health Fund in Alberta - PHF**
*Project #:* ***5555-09-1997/0010011***

**SPONSOR:** **University of Calgary, Department of Community Health Sciences**
**Heritage Medical Research Building**
**3330 Hospital Drive NW**
**Calgary AB T2N 4N1**
**Phone: (403) 220-6940; Fax: (403) 270-7307**

**GRANT:** **$25,000**

This project will develop and implement, in collaboration with HPPB Alberta/NWT Region, a regional evaluation framework to measure the progress of HPPB population health activities in Alberta, including project activities supported by the 1998/99 Population Health Fund.

**PROJECT:** **Development of an Instrument to Evaluate the Health Status of Schools - PHF**
*Project #:* ***6785-09-1998/2450031***

**SPONSOR:** **Calgary Learning Centre**
**3930 - 20 Street SW**
**Calgary AB T2T 4Z9**
**Phone: (403) 686-9300; Fax: (403) 686-0627**

**CONTRIBUTION:** **$35,000**

This project will build on the work of the Learning Through Health Initiative (LTH), to develop a normed instrument that can be used by schools and health systems to evaluate the health status of individual schools.

**PROJECT:** **Developing Methods and Tools for Building Community Capacity - PHF**
*Project #:* ***6785-09-1998/2450032***

**SPONSOR:** **Four Worlds Centre for Development Learning**
**Box 395, 113 E. Railway Street**
**Cochrane AB T0L 0W0**
**Phone: (403) 932-0882; Fax: (403) 932-0883**

**CONTRIBUTION:** **$25,000**

In partnership with the David Thompson Health Region and the Healthy Communities Initiative, the project will advance understanding of community capacity through the development of an assessment method and tool. Additionally, the project will demonstrate how the community capacity assessment process leads to action planning and the implementation of strategies to address the broad determinants of health.

**PROJECT:** **SCAN: Seniors' Community Action for Nutrition - PHF**
***Project #:*** ***6785-09-1998/2450033***

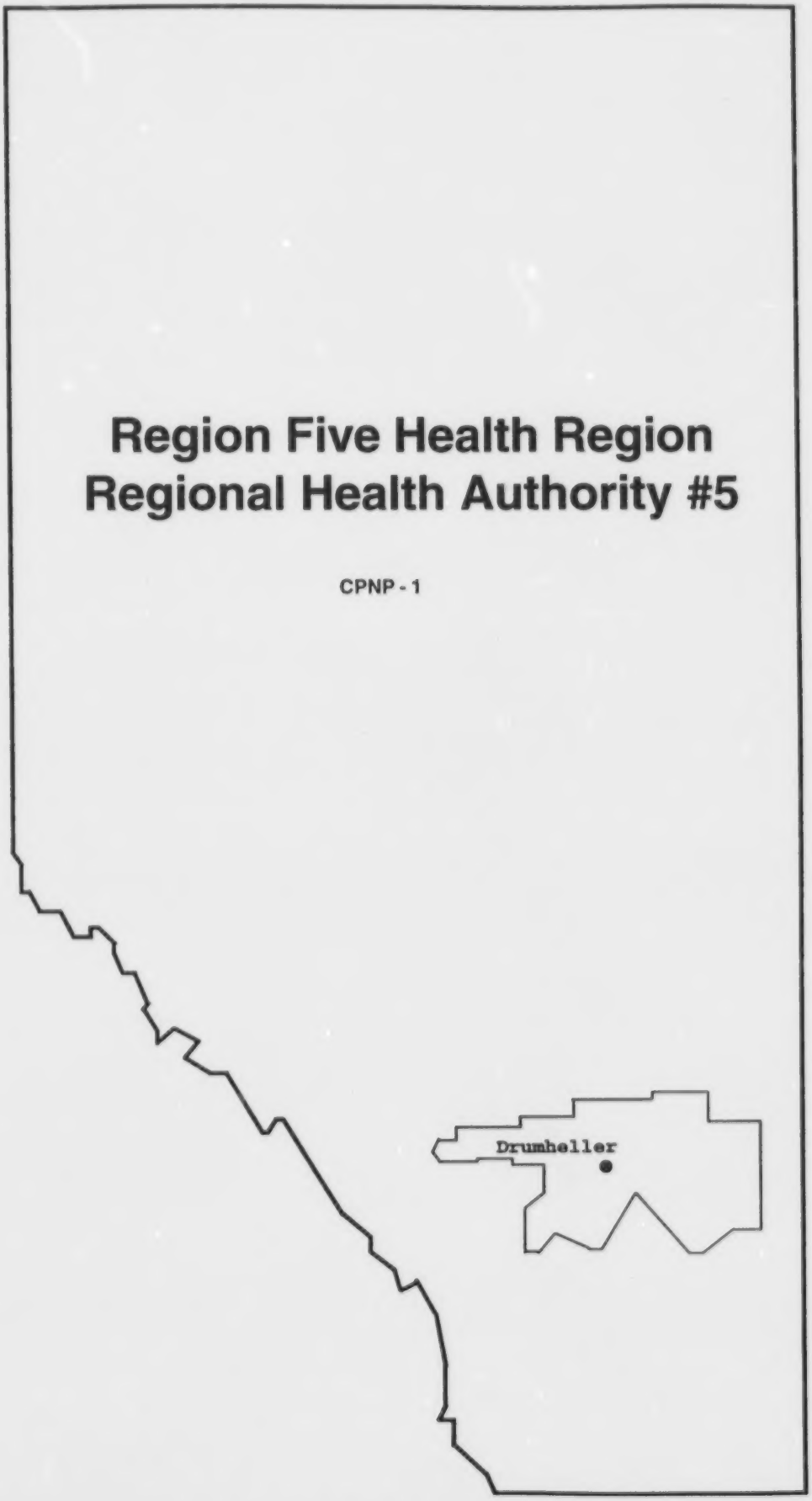
**SPONSOR:** **Dietitians of Canada: Alberta, Yukon, Northwest Territories**
**Box 74090**
**Strathcona Postal Outlet**
**Calgary AB T3H 3B6**
**Phone: (403) 217-5211; Fax: (403) 217-5212**

**CONTRIBUTION:** **$50,000**

An environmental scan is being conducted to determine the scope of community-based food and nutrition services currently available to seniors in Edmonton. Data will be collected through face-to-face interviews with high risk seniors, social service providers, non-resident family/caregivers and health professionals who serve seniors. This information will be used to develop a community-based nutrition action plan that will identify and prioritize strategies to meet the food and nutrition needs of vulnerable seniors. The final report, which will include evaluation results and the data collection tools, may assist other communities in conducting a similar environmental scan.

# Region Five Health Region
# Regional Health Authority #5

CPNP - 1



**PROJECT:** **Growing Opportunities - CPNP**
*Project #:* *6971-09-96-038*

**SPONSOR:** **Wheatland County Food Bank**
**507 Willow Drive**
**Strathmore AB T1P 1A6**
**Phone: (403) 934-3454 Ext. 39; Fax: (403) 934-3827**

**CONTRIBUTION:** **$55,100**

This project offers all the components of a comprehensive prenatal nutrition program by building on existing prenatal social services, supports and medical services for at-risk pregnant women. Services include: nutrition assessment and counselling; food, milk and vitamin and mineral supplements; and support in making changes to lifestyle, health practices and parenting. A unique feature for pregnant adolescents is that the program distributes breakfast and lunch coupons at the local high school.

# David Thompson Health Region
# Regional Health Authority #6

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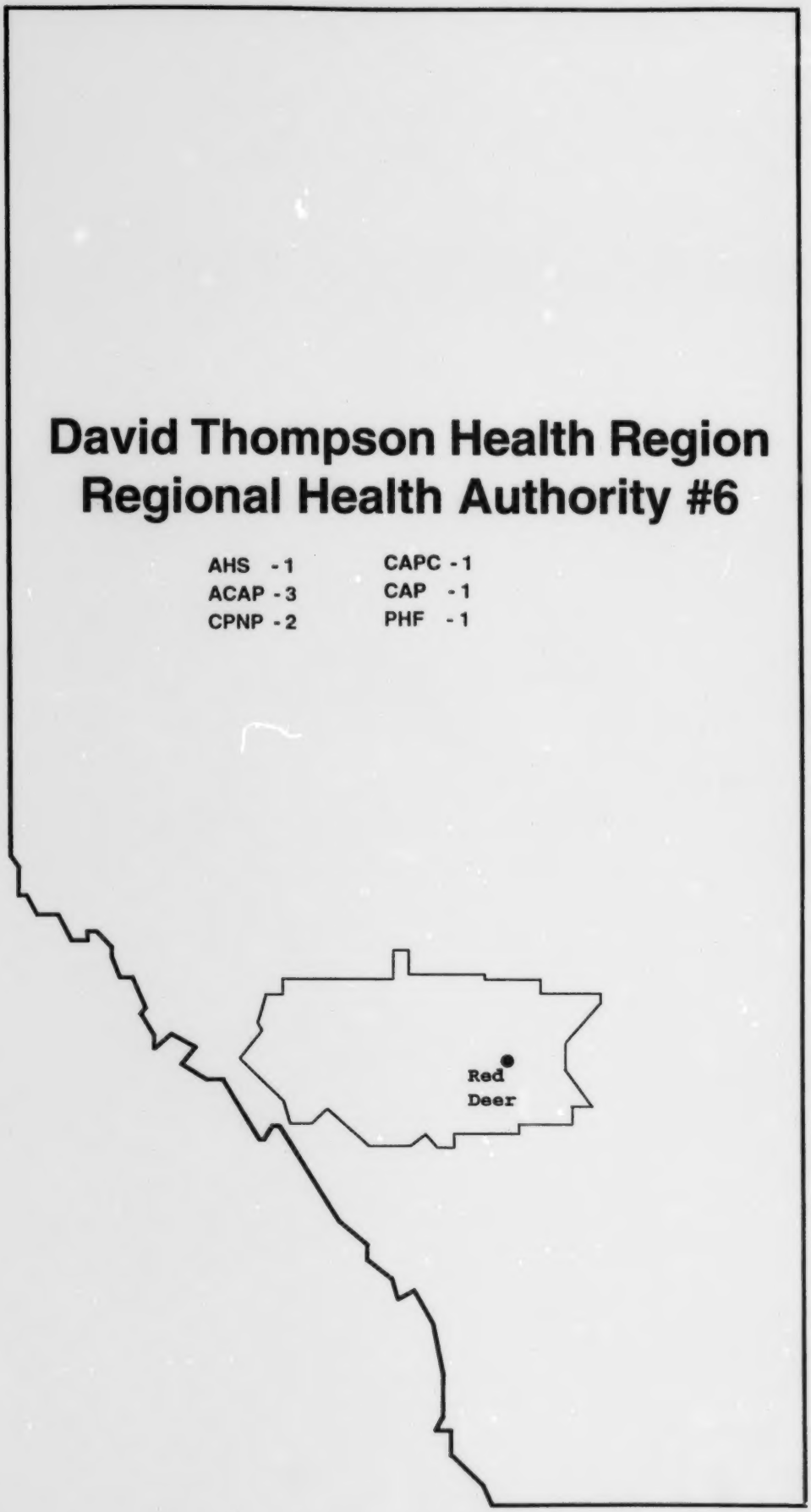
| AHS - 1 | CAPC - 1 |
| ACAP - 3 | CAP - 1 |
| CPNP - 2 | PHF - 1 |



**PROJECT:** **Rocky Native Friendship Centre Aboriginal Head Start - AHS**
*Project #:* ***6973-09-95-021***

**SPONSOR:** **Rocky Native Friendship Centre**
**4917 - 52 Street**
**Box 1927**
**Rocky Mountain House AB T0M 1T0**
**Phone: (403) 845-2788; Fax: (403) 845-3093**

**CONTRIBUTION:** **$201,650**

This project provides Aboriginal children 3-5 years of age in Rocky Mountain House with a child development program rich in Native culture, language and tradition. As members of the Parent Advisory Council, parents will have the opportunity to participate in program planning, implementation and evaluation. Elders play an active role in classroom activities and in the parenting component. A nutritious snack program is offered to the children.

**PROJECT:** **Removing Community Barriers - ACAP**
*Project #:* ***6555-2-546***

**SPONSOR:** **Central Alberta AIDS Network Society (CAANS)**
**400, 5000 50 Avenue**
**Red Deer, Alberta T4N 6C2**
**Phone: (403) 346-8858; Fax: (403) 346-2352**

**CONTRIBUTION:** **$15,000**

CAANS utilizes most of its ACAP operational funding for ongoing work focused on creating supportive environments for persons living with HIV/AIDS. The target audience includes rural social or medical agencies, churches, businesses and service organizations. Activities include training people to become peer educators and providing learning opportunities to enable groups to better understand the issues concerning HIV/AIDS.

**PROJECT:** **Sustainability Project - ACAP**
*Project #:* ***6555-2-561***

**SPONSOR:** **Alberta Community Council on AIDS**
**c/o Central Alberta AIDS Network**
**400, 5000 - 50 Avenue**
**Red Deer AB T4N 6C2**
**Phone: (403) 346-8858; Fax: (403) 346-2352**

**CONTRIBUTION:** **$318,000**

This project is a collaborative effort of Alberta Community Council on AIDS members that focuses on joint initiatives addressing sustainability in the provision of HIV/AIDS resources throughout the province. The project combines skills-building and community development processes which focus on developing partnerships, providing infrastructure support and incorporating sustainability strategies.

**PROJECT:** **Removing Community Barriers II - ACAP**
***Project #:*** ***6963-09-1998/0070037***

**SPONSOR:** **Central Alberta AIDS Network Society (CAANS)**
**400, 5000 - 50 Avenue**
**Red Deer AB T4N 6C2**
**Phone: (403) 346-8858; Fax: (403) 346-2352**

**GRANT:** **$10,000**

This project will facilitate expansion of CAANS' programming in HIV/AIDS prevention. Specifically, it seeks to increase the number of HIV prevention workshops and inservices to high risk target populations, provide peer training and continue to expand the communities and partners working with CAANS.

**PROJECT:** **Kitawasimsinawuk "Our Children" - CPNP**
***Project #:*** ***6971-09-96-035***

**SPONSOR:** **Red Deer Native Friendship Society**
**4801 - 49 Street**
**Red Deer AB T4N 1T8**
**Phone: (403) 340-0020; Fax: (403) 342-1610**

**CONTRIBUTION:** **$33,480**

This project focuses on pregnant Aboriginal women at-risk in the city of Red Deer. Through program activities, women receive food, nutritional supplements and prenatal counselling. They also learn how to prepare for childbirth and enhance overall life/skills such as grocery shopping and food preparation. The negative effects of smoking, drugs, and alcohol on the fetus are emphasized through a variety of information sessions.

**PROJECT:** **Baby Biz Prenatal Outreach - CPNP**
***Project #:*** ***6971-09-96-036***

**SPONSOR:** **Rotary Club of Rocky Mountain House**
**Box 1108**
**Rocky Mountain House AB T0M 1T0**
**Phone: (403) 845-2828; Fax: (403) 845-4630**

**CONTRIBUTION:** **$36,450**

This program focuses on high risk pregnant women in the Rocky Mountain and Carolyn areas. These women receive food and nutritional supplements, breastfeeding support, pre/postnatal care and counselling services. They also learn how to prepare for childbirth and enhance overall life skills, including parenting. The program plans to reduce the number of low birth weight babies by increasing support, facilitating referrals and expanding linkages between services, professionals, peer groups and high need families.

**PROJECT:** **Red Deer Infant/Preschool Wellness Program - CAPC**
***Project #:*** ***4927-09-95-031***

**SPONSOR:** **Infant Preschool Wellness Program**
**Box 25008**
**Deer Park Post Office**
**Red Deer AB T4N 2A8**
**Phone: (403) 346-3450; Fax: (403) 347-4419**

**CONTRIBUTION:** **$107,800**

This program consists of assertive outreach to identify children and families at-risk; provides ongoing support; assists in accessing services; and helps to establish support groups which provide social, educational and play activities for children and parents.

**INITIATIVE:** **Lead the Way to a Healthier Planet - CAP**

**SPONSOR:** **Rimbey Community Health Centre**
**David Thompson Health Region**
**Community Health Services**
**Box 464**
**Rimbey AB T0C 2J0**
**Phone: (403) 843-2288; Fax: (403) 843-3050**

**CONTRACT:** **$1,250**

This project will support RADCAP (Rimbey and District Clean Air People) in its work to improve air quality by encouraging cooperation and communication with all stakeholders in the Rimbey area (including government, the oil and gas industry, agricultural sector, and community members) to increase the efficiency of flaring, reduce the need for flaring, and eventually eliminate flaring.

**PROJECT:** **Innisfail Safe and Caring Community Project - PHF**
*Project #:* ***6785-09-1998/2450035***

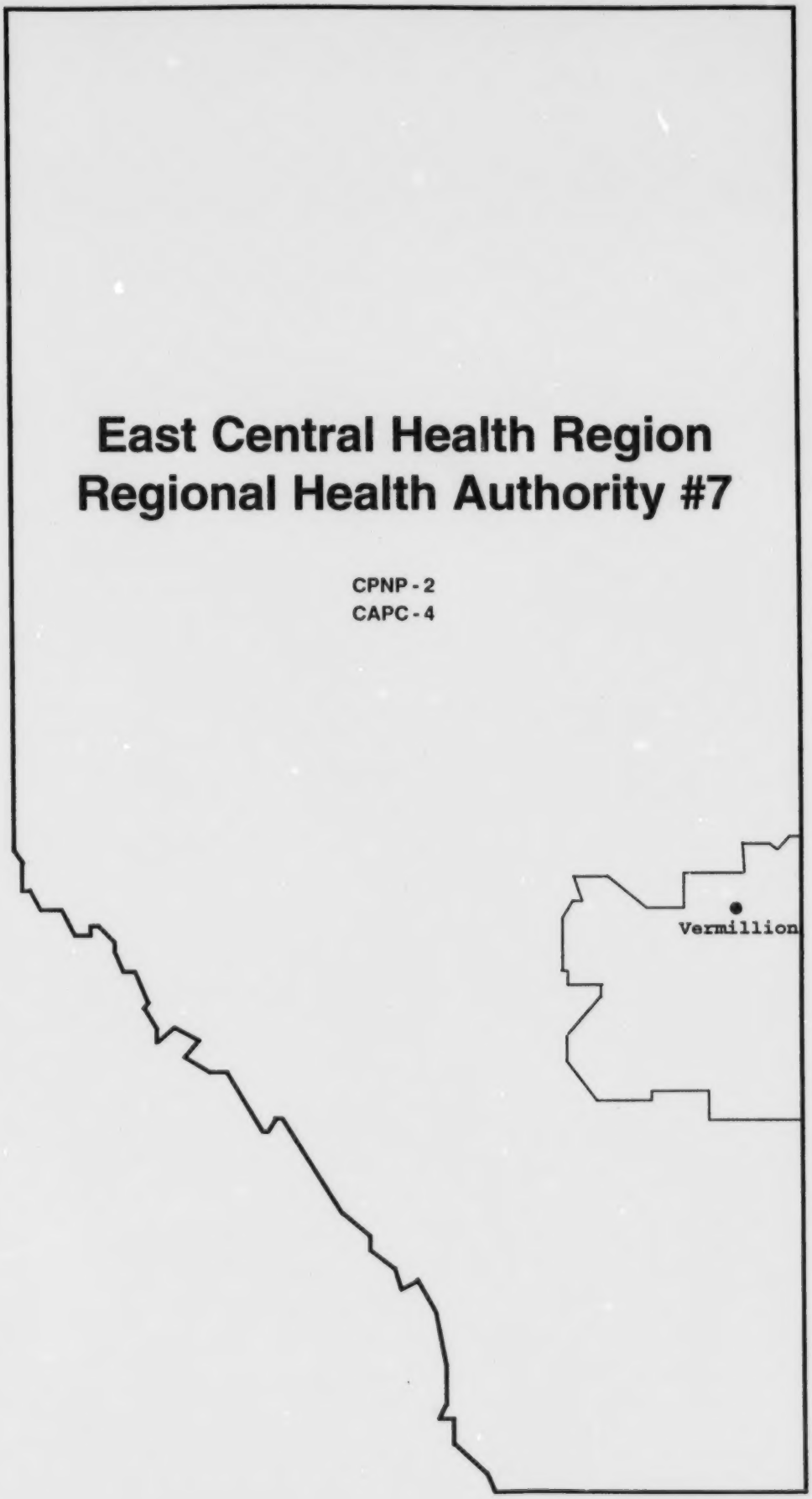
**SPONSOR:** **Innisfail Safe and Caring Community Association**
**Box 6266**
**Innisfail AB T4G 1S9**
**Phone: (403) 227-0007; Fax: (403) 227-3122**

**GRANT:** **$15,000**

In collaboration with the Alberta Teacher's Association Safe and Caring Schools Project, this initiative will address community-identified needs related to aggression and bullying in schools and other public places. In addition to enhancing existing community activities that provide safe recreational activities for youth, a "Towards a Safe and Caring Community" Workshop will developed, implemented and evaluated. The workshop, which will be held on several occasions, will focus on strategies to decrease high aggression behaviours in children and youth. All school-aged children, parents and caregivers in the Innisfail community will be invited to participate in the workshops. A Youth Mentorship program will also be implemented and evaluated.

# East Central Health Region
# Regional Health Authority #7

CPNP - 2
CAPC - 4



**PROJECT:** **Teaching and Independent Parenting Support Nutrition Program - CPNP**
***Project #:*** ***6971-09-96-027***

**SPONSOR:** **Camrose Association for Community Living**
**4604 - 57 Street, Burgess Building**
**Camrose AB T4V 2E7**
**Phone: (403) 672-0257; Fax: (403) 672-7484**

**CONTRIBUTION:** **$48,774**

This program is designed to increase knowledge among pre/postnatal women within the Camrose and Provost area. Designed around a community kitchen model, the program will focus on food and nutritional supplementation; group and one-to-one counselling and education; parenting supports; and referrals to appropriate community services. Promotion of breastfeeding will be an important emphasis in the program. The TIPS Nutrition Program will also help at-risk women make informed decisions based on the best interests of their infants.

**PROJECT:** **Blue Ribbon Babies - CPNP**
***Project #:*** ***6971-09-96-029***

**SPONSOR:** **Family & Personal Development Council**
**Box 550**
**4829 - 50 Street**
**Stettler AB T0C 2L0**
**Phone: (403) 742-3326; Fax: (403) 742-1353**

**CONTRIBUTION:** **$34,180**

This project focuses on improving access to smoking cessation programs, developing a referral and networking system, offering a breastfeeding counselling and incentive program and creating access to voluntary and private sector resources (eg. child care, supplies, milk and vitamin supplements). An outreach model of service delivery provides services to women in Stettler, Coronation, and the County of Flagstaff.

**PROJECT:** **Association of Communities Against Abuse (ACAA) - CAPC**
***Project #:*** ***4927-09-93-002***

**SPONSOR:** **Association of Communities Against Abuse**
**Box 2132**
**Stettler AB T0C 2L0**
**Phone: (403) 742-3558; Fax: (403) 742-3287**

**CONTRIBUTION:** **$93,300**

This rural project provides support and education for children and adults who have been affected by abuse, as well as public awareness activities. The goal is to influence the community environment to ensure appropriate disclosure and intervention, to lessen the risk to children. The project has been developing parent and children's programs to influence knowledge, attitude and behaviours around healthy conflict resolution.

**PROJECT:** **Child's Play Program - CAPC**
*Project #:* *4927-09-93-009*

**SPONSOR:** **Lloydminster Interval Home**
**Box 1523**
**Lloydminster AB S9V 1K5**
**Phone: (403) 875-0966; Fax: (403) 875-0609**

**CONTRIBUTION:** **$10,120**

This project provides services to women and children from abusive relationships. Program components include: a play program, role model education in conflict resolution, identification of emotional and behavioural problems, indicators of child abuse and referrals for mothers and children.

**PROJECT:** **Teaching and Independent Parenting Support (TIPS) - CAPC**
*Project #:* *4927-09-1998/0140020*

**SPONSOR:** **Camrose Association for Community Living**
**4604 - 57 Street, Burgess Building**
**Camrose AB T4V 2E7**
**Phone: (403) 672-0257; Fax: (403) 672-7484**

**CONTRIBUTION:** **$25,000**

The goal of this project is to expand and enhance the current Teaching and Independent Parenting Support (TIPS) program for at-risk, isolated, low income families and their children from birth to age six. Project activities will include: expanding outreach/home visiting services to enable eighty families a year to be involved; adding parenting programs (for example, Nobody's Perfect, Children Challenges Choices, and Literacy) in four communities; and organizing bi-monthly self help support groups in three communities. Pre-school readiness and enrichment programs for at-risk children will be added to one community three times a week.

**PROJECT:** **Blue Ribbon Babies - CAPC**
*Project #:* *4927-09-1998/0140021*

**SPONSOR:** **Family & Personal Development Council**
**Box 2097**
**4720 - 50 Street**
**Stettler AB T0C 2L0**
**Phone: (403) 742-1155; Fax: (403) 742-1391**

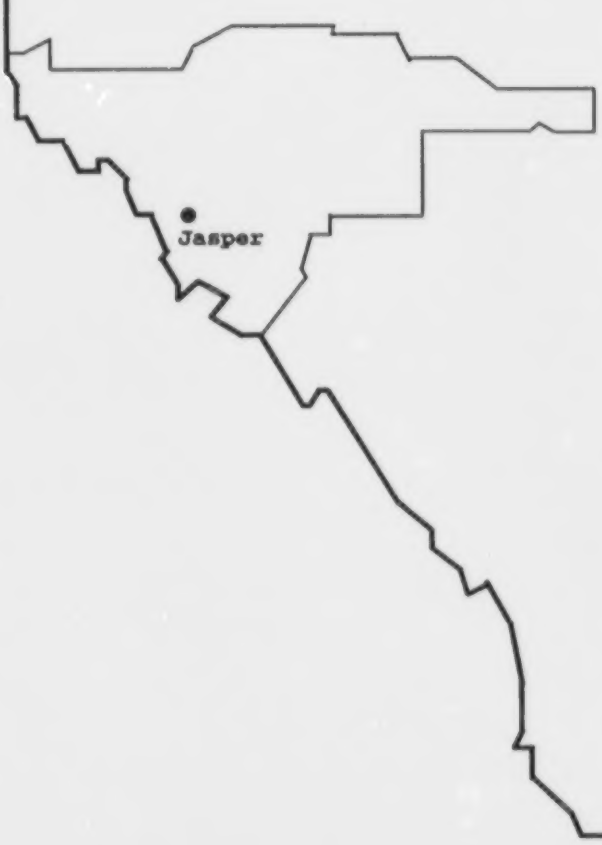
**CONTRIBUTION:** **$25,000**

The goal of this project is to expand and enhance the current CPNP project to include at-risk families with children not currently served by the CPNP program. Programming for children will be extended to age six. The project will include parent education components, a mentoring program, a reading stimulation program, a toy lending library and life skills session. Six new facilitators will be trained to lead parenting programs in five rural communities. Outreach/home visiting services will be enhanced by adding outreach staff to enable forty-five families a year to be involved.

# Westview Health Region
# Regional Health Authority #8

AHS - 1
ACAP - 2
CPNP - 1

CAPC - 2
CAP - 1



**PROJECT:** **Hinton Aboriginal Head Start - AHS**
*Project #:* *6973-09-95-017*

**SPONSOR:** **Hinton Friendship Centre Society**
**1, 103 Government Road**
**Hinton AB T7V 2A6**
**Phone: (780) 865-5189; Fax: (780) 865-5904**

**CONTRIBUTION:** **$201,650**

This Aboriginal Head Start project operates four days per week for children 3-6 years of age. Program activities involve Elders who promote Aboriginal culture and heritage. Hot meals and snacks are provided to children attending the program. A key program goal is to empower parents in the care of their children in ways consistent with Native culture, and in their ability to be involved in their child's education. Parents are involved throughout the project as members of the Head Start Advisory Committee. Home visits are made by a parent liaison worker facilitating the links between parents and the Friendship Centre.

**PROJECT:** **The Jasper Strategy - ACAP**
*Project #:* *6555-2-523*

**SPONSOR:** **AIDS Jasper Society**
**631 Patricia Street**
**Box 1090**
**Jasper AB T0E 1E0**
**Phone: (780) 852-5274; Fax: (780) 852-4019**

**GRANT:** **$20,000**

AIDS Jasper utilizes its ACAP operational funding to deliver prevention education programs that target the large, transient youth population which accepts seasonal employment in Jasper. The key focus of this ongoing strategy is to address high risk behaviours in a peer education program.

**PROJECT:** **Staff Outreach Services Project - ACAP**
*Project #:* *6963-09-1998/0070030*

**SPONSOR:** **AIDS Jasper Society**
**631 Patricia Street**
**Box 1090**
**Jasper AB T0E 1E0**
**Phone: (780) 852-5274; Fax: (780) 852-4019**

**GRANT:** **$12,000**

This project focuses on expansion of current programs targeting young people who work in Jasper's service industry. AIDS Jasper will work to increase its involvement in various community programs, services and events, thus broadening the scope of its prevention education outreach. Project activities also include strong efforts to strengthen community partnerships. Additional funding of $13,886 has been identified from other sources.

**PROJECT:** **Women, Infants and Nutrition Project (WIN) - CPNP**
***Project #:*** ***6971-09-96-037***

**SPONSOR:** **Parkland Healthy Families Association**
**Box 2695**
**5413 - 51 Street**
**Stony Plain AB T7Z 1Y2**
**Phone: (780) 963-0549; Fax: (780) 963-3876**

**CONTRIBUTION:** **$50,607**

This program provides prenatal and postpartum nutritional counselling and encourages the development of healthy lifestyles. Women accessing the program are referred to agencies in their specific community. A dietitian assists the participants in setting personal goals and will provide supportive counselling. Education regarding proper lifestyle choices during pregnancy support women to make appropriate choices.

**PROJECT:** **Brighter Futures Project - CAPC**
***Project #:*** ***4927-09-93-011***

**SPONSOR:** **Parkland Healthy Families Association**
**Box 2695**
**5413 - 51 Street**
**Stony Plain AB T7Z 1Y2**
**Phone: (780) 963-0549; Fax: (780) 963-3876**

**CONTRIBUTION:** **$223,742**

This project uses a community development approach to assist communities to implement parent support programs in several local communities. It has also implemented a collective garden and a bridging program for children not yet ready for grade one.

**PROJECT:** **Brighter Futures Project - CAPC**
***Project #:*** ***4927-09-94-024***

**SPONSOR:** **Edson Friendship Centre**
**Box 6508**
**Edson AB T7E 1T9**
**Phone: (780) 723-5494; Fax: (780) 723-4359**

**CONTRIBUTION:** **$104,800**

This project runs a pre-school program and parenting group. Another facet of this program is pre/postnatal support and referrals of pregnant women and new mothers to other appropriate community services.

**INITIATIVE:** **Jasper Community Capacity Building and Asset Mapping - CAP**

**SPONSOR:** **Jasper Family and Community Support Services**
**Box 1090**
**Jasper AB T0E 1E0**
**Phone (780) 852-2100; Fax: (780) 852-2147**

**CONTRACT:** **$4,115**

The purpose of this project is to hold a two-day workshop on "Community Capacity Building and Asset Mapping" for the members of: the Community Health Council, health and social services/community resource services, the Town Committee, Jasper Tourism and Commerce, the Environmental Association, Parks Canada and unaffiliated community members.

# Crossroads Health Region
# Regional Health Authority #9

CPNP - 1
CAPC - 1

**PROJECT:** **Nutritious Beginnings - CPNP**
***Project #:*** ***6971-09-96-040***

**SPONSOR:** **The Society for the Coalition of Rural Representatives from Breton & Buck Creek**
**Box 779**
**Breton AB T0C 0P0**
**Phone: (780) 696-2543; Fax: (780) 696-2564**

**CONTRIBUTION:** **$52,494**

The Crossroads Regional Health Authority and the Coalition of Rural Representatives from Breton and Buck Creek work in collaboration with a variety of community agencies and local agencies to provide a continuum of community support for at-risk pregnant and parenting mothers that is flexible, equitable, accessible and culturally inclusive. This is accomplished through educational programs on healthy nutritional and lifestyle choices and through the provision of food hampers and nutritional supplements.

**PROJECT:** **Brighter Futures - CAPC**
***Project #:*** ***4927-09-93-004***

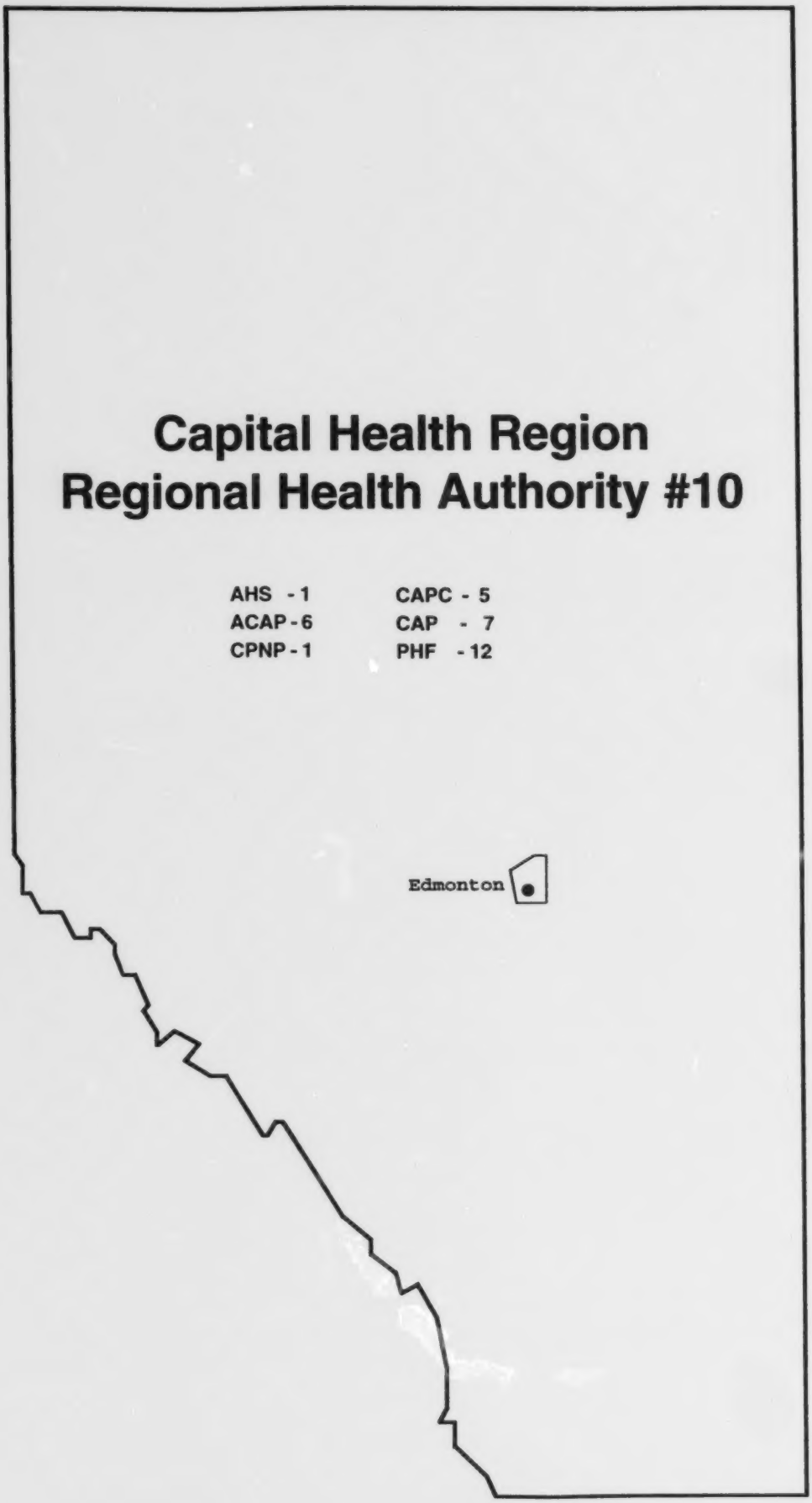
**SPONSOR:** **The Society for the Coalition of Rural Representatives from Breton & Buck Creek**
**Box 779**
**Breton AB T0C 0P0**
**Phone: (780) 696-2543; Fax: (780) 696-2564**

**CONTRIBUTION:** **$200,416**

This project provides strong, community-based programming which include facilitated weekly parent support groups and education classes; outreach to high risk families; a child care program concurrent with parenting sessions; assistance to families with disabilities; and a volunteer parent support group.

# Capital Health Region
# Regional Health Authority #10

| | |
|---|---|
| AHS - 1 | CAPC - 5 |
| ACAP - 6 | CAP - 7 |
| CPNP - 1 | PHF - 12 |



**PROJECT:** **Mother Earth and Me - AHS**
*Project #:* *6973-09-95-024*

**SPONSOR:** **Ben Calf Robe Society**
**12011 76 Street**
**Edmonton AB T5B 2C9**
**Phone: (780) 477-6648; Fax: (780) 479-6199**

**CONTRIBUTION:** **$328,300**

This initiative involves two Aboriginal Head Start sites in Edmonton for children 3-5 years of age. By working together with a Native Elder, the program places a strong emphasis on connecting children to the land through traditional Indian and Métis cultural activities. Sound nutrition and health practices are integrated into the program through a nutritious snack program. A Parent Advisory Council will be developed to encourage family members to participate in training and program activities.

**PROJECT:** **Thundering Buffalo - ACAP**
*Project #:* *6555-2-524*

**SPONSOR:** **Feather of Hope Aboriginal AIDS Prevention Society (FOHAAPS)**
**201, 11456 Jasper Avenue**
**Edmonton AB T5K 0M1**
**Phone: (780) 488-5773; Fax: (780) 488-3735**

**GRANT:** **$40,000**

FOHAAPS utilizes its ACAP operational funding to continue "train-the-trainer" activities which enable Aboriginal communities to take on a greater educative role in HIV/AIDS issues. Work often begins with gatherings where community needs and methods of service delivery are identified. FOHAAPS acts as a catalyst partner to provide education that facilitates awareness of HIV/AIDS issues and high risk behaviours. It mobilizes self-empowerment programs where people address issues of self-esteem and learn negotiating skills as well as methods of protection.

**PROJECT:** **HIV/AIDS Public Education/Awareness & Program Coordination - Phase II - ACAP**
*Project #:* *6555-2-529*

**SPONSOR:** **AIDS Network of Edmonton Society (ANE)**
**201, 11456 Jasper Avenue**
**Edmonton, Alberta T5K 0M1**
**Phone: (403) 488-5742; Fax: (403) 488-3735**

**CONTRIBUTION:** **$95,000**

The ANE uses operational funding to support ongoing initiatives which focus on the management of prevention education, health promotion for persons with HIV/AIDS (within its support services program), and creating supportive environments through consumer empowerment and work planning. Through culturally sensitive prevention education initiatives and collaborative endeavours to create more supportive environments, the AIDS Network of Edmonton continues to foster attitudinal shifts towards healthy choices and the promotion of tolerance and understanding.

**PROJECT:** **Sustainability Project Phase II - ACAP**
*Project #:* ***6963-09-1998/0070028***

**SPONSOR:** **Feather of Hope Aboriginal AIDS Prevention Society (FOHAAPS)**
**201, 11456 Jasper Avenue**
**Edmonton AB T5K 0M1**
**Phone: (780) 488-5773; Fax: (780) 488-3735**

**CONTRIBUTION:** **$12,000**

The goal of this project is to continue to build on sustaining the work of the organization by strengthening the Full Circle infrastructure. Members of the Full Circle include five board members, six staff, five Aboriginal persons living with AIDS and five Elders. Four Full Circle meetings and several board meetings will be held over a six month period that will focus on skill development for members and development of an action plan to sustain FOHAAPS programs in communities.

**PROJECT:** **Internet Outreach for Isolated and Closeted Gay/Bisexual Male Youth at Risk for HIV - ACAP**
*Project #:* ***6963-09-1998/0070031***

**SPONSOR:** **AIDS Network of Edmonton Society (ANE)**
**201, 11456 Jasper Avenue**
**Edmonton AB T5K 0M1**
**Phone: (780) 488-5742; Fax: (780) 488-3735**

**GRANT:** **$13,000**

This project funding permits a trained counsellor to provide, via a Chat Room, individualized risk-reduction counselling, peer education and support, referrals to counselling, drug and health services. Trained peer volunteers support this project.

**PROJECT:** **Alberta and the Northwest Territories HIV Positive Network - ACAP**
*Project #:* ***6963-09-1998/0070032***

**SPONSOR:** **Living Positive**
**201, 11456 Jasper Avenue**
**Edmonton AB T5K 0M1**
**Phone: (780) 488-5768; Fax: (780) 488-3735**

**GRANT:** **$15,000**

This project established an informal Network of Persons Living with HIV in the Alberta and the NWT to gather input, identify and discuss issues, exchange information, learn from others' experiences, set priorities and develop strategies to enhance/facilitate support.

**PROJECT:** **Faith Community Outreach Program - ACAP**
*Project #:* ***6963-09-1998/0070035***

**SPONSOR:** **Interfaith Association on AIDS**
**201, 11456 Jasper Avenue**
**Edmonton AB T5K 0M1**
**Phone: (780) 488-1768; Fax: (780) 488-3735**

**GRANT:** **$15,000**

This project supports the activities of an outreach worker to link with faith communities not contacted by the Interfaith Association on AIDS in the past. The initiative will focus on Educational workshops to raise awareness of the spiritual and emotional needs of people living with HIV and will seek to build more supportive environments for these individuals.

**PROJECT:** **Health for Two - CPNP**
***Project #:*** ***6971-09-96-019***

**SPONSOR:** **Boyle Street Community Services Co-op**
**10116 105 Avenue**
**Edmonton AB T5H 0K2**
**Phone: (780) 424-4106; Fax: (780) 425-2205**

**CONTRIBUTION:** **$156,000**

"Health for Two" is a collaborative, community-based program which provides information and support, including nutritional supplements, to at-risk pregnant women. The program's goal is to enable women in disadvantaged social and economic conditions to make healthy, informed choices for themselves and their families leading to improved health of pregnant women, mothers and infants. This project involves enhancing "Health for Two" by expanding the current program to provide services to greater numbers of pregnant women throughout the city and the surrounding health region.

**PROJECT:** **Expansion of Headstart Programming in Edmonton - CAPC**
***Project #:*** ***4927-09-93-003***

**SPONSOR:** **Edmonton Inter-Agency Headstart Committee**
**Suite 810, 10117 Jasper Avenue**
**Edmonton AB T5J 1W8**
**Phone: (780) 424-7543; Fax: (780) 425-5911**

**CONTRIBUTION:** **$647,000**

This Head Start project is comprised of activities for children and interventions with their families. Family programming can include group activities at the Head Start location and individual interventions in the family home. CAPC funds programs in neighbourhoods identified as having a significant number of at-risk children aged 0 - to 6 years.

**PROJECT:** **Meeting the Challenge of Teen Pregnancy - CAPC**
***Project #:*** ***4927-09-93-006***

**SPONSOR:** **Terra Association**
**9930 - 106 Street**
**Edmonton AB T5K 1C7**
**Phone: (780) 428-3772; Fax: (780) 425-5160**

**CONTRIBUTION:** **$431,089**

The Terra Association serves pregnant and parenting teens. This project expands and enhances five specific service areas provided by Terra: intake, counselling, outreach, the Learning Centre and food services.

**PROJECT:** **Candora Community Action Program for Youth - CAPC**
***Project #:*** ***4927-09-93-012***

**SPONSOR:** **Candora Society of Edmonton**
**#500 Village on the Park**
**Edmonton AB T5W 4R7**
**Phone: (780) 477-5655; Fax: (780) 477-5659**

**CONTRIBUTION:** **$328,402**

This project serves pre-school children and their families in neighbourhoods with a high number of at-risk children. Programming includes daily recreational and educational activities for children 3-6 years of age; culturally relevant activities for Aboriginal and Spanish-speaking children; and assistance for mothers in areas of parenting, nutrition, self-esteem and family violence.

**PROJECT:** **Nobody's Perfect Alberta Coordination Project - CAPC**
*Project #:* ***4927-09-94-019***

**SPONSOR:** **Edmonton Social Planning Council**
**Suite 41, 9912 - 106 Street**
**Edmonton AB T5K 1C5**
**Phone: (780) 423-2031; Fax: (780) 425-6244**

**CONTRIBUTION:** **$58,700**

CAPC provides funding for the promotion and coordination of Nobody's Perfect in Alberta. Activities include sponsoring "train-the-trainer" and facilitator training sessions, producing a newsletter, and facilitating implementation of parenting programs across the province.

**PROJECT:** **Healthy Safe Baby Program - CAPC**
*Project #:* ***4927-09-94-020***

**SPONSOR:** **Ben Calf Robe Society**
**12011 - 76 Street**
**Edmonton AB T5B 2C9**
**Phone: (780) 477-6648; Fax: (780) 479-6199**

**CONTRIBUTION:** **$121,350**

The Healthy Safe Baby Program seeks to lessen the risk for abuse of children and to increase the likelihood of healthy, safe pregnancies and births for the Aboriginal families it serves. Cultural awareness opportunities are provided which are respectful and reflective of Native tradition and culture.

**INITIATIVE:** **Action for Healthy Communities - CAP**

**SPONSOR:** **Edmonton Healthcare Citizenship Society**
**10821 - 96 Street**
**Edmonton AB T5H 2J8**
**Phone: (780) 944-4687; Fax: (780) 423-0176**

**CONTRACT:** **$5,000**

The goal of this project is to facilitate the active participation of residents in nine central Edmonton Neighbourhoods to identify, address and evaluate the community health issues which affect them. This project aspires to improve the health of these citizens and their neighbourhoods through the community health initiatives they develop and implement, and to create a broader base of support for "Action for Healthy Communities" in Edmonton's nine central communities.

**INITIATIVE:** **Strengthen the Community Depots of the WECAN Food Co-op: Phase I - CAP**

**SPONSOR:** **Wecan Co-operative or Community and Economic Development**
**#240 Abbottsfield Mall**
**3210 - 118 Avenue**
**Edmonton AB T5W 4W1**
**Phone: (780) 413-4525; Fax: (780) 413-7052**

**CONTRACT:** **$5,000**

This project strengthens the Food Co-op Depots by enhancing the leadership capabilities of its members, and promoting the benefits of participating in the Co-op, such as access to healthy, high quality food at a low cost. The Food Co-op Depots are mostly located in low income neighbourhoods. The Depots provide an ideal setting to develop a cohesive group of community leaders, as well as a learning opportunity for non-active members to discover their capabilities and play a more active role in the Co-op as well as the community.

**INITIATIVE:** **Transforming Living and Working for a Sustainable Society - CAP**

**SPONSOR:** **Toxics Watch Society**
**10511 Saskatchewan Drive**
**Edmonton AB T6E 4S1**
**Phone: (780) 436-2397**

**CONTRACT:** **$5,000**

The "Transforming Living and Working for a Sustainable Society" Project seeks to teach individuals how to assess the sustainability of their present lifestyles and how to transform them in satisfying, more balanced, healthful and ecologically-based ways. The project also assists adults in a work transition to create work practices or eco-businesses that mimic ecological systems, protect existing biological systems, or restore degraded habitats.

**INITIATIVE:** **Outdoor Classroom/Community Greening Project - CAP**

**SPONSOR:** **Belgravia School**
**11605 - 74 Avenue**
**Edmonton AB T6G 0G1**
**Phone: (780) 435-5560**

**CONTRACT:** **$3,500**

Belgravia School has established the infrastructure part of an Outdoor Classroom/Community Greening Project on land assembled through a partnership between the school board, Aqualta and the City's Transportation and Community Service's Departments. A steering committee has been formed with parents, a teacher, students and an expert advisory group consisting of a naturalist, landscape architect and a botanist/zoologist to complete a number of elements to improve the site including, implementing gardens, completing pathways and supporting teachers and community groups to use the space.

**INITIATIVE:** **The Development of an Asian Youth Team - CAP**

**SPONSOR:** **Edmonton Social Planning Council**
**Suite 41, 9912 - 106 Street**
**Edmonton AB T5K 1C5**
**Phone: (780) 423-2031; Fax: (780) 425-6244**

**CONTRACT:** **$5,000**

This project will assist a group of Asian youth to participate in recreational, outdoor and volunteer activities, and to develop environmental awareness, peer support, advocacy and personal development skills through the formation of a Youth Team. In addition, project staff will work with the Youth Team to promote cooperation between different service sectors in meeting the recreational and volunteer activity needs of Asian youth in the Edmonton area.

**INITIATIVE:** **Immigrant Group Displays Seedy Saturday 1999 - CAP**

**SPONSOR:** **The Garden Institute**
**Box 1406**
**#194, 3803 Calgary Trail**
**Edmonton AB T6J 5M8**
**Phone: (780) 423-2031; Fax: (780) 425-6244**

**CONTRACT:** **$5,000**

For this project several immigrant communities will develop displays with information on biodiversity, culture and agriculture. The goal of the displays is to catalyse interest in the community in traditional practices, and provide a valuable link between human health and the environment, through food and the need to preserve biodiversity.

**INITIATIVE:** **Dickinsfield Community Beautification Project - CAP**

**SPONSOR:** **Dickinsfield Amity House**
**9214 - 146 Avenue**
**Edmonton AB T5E 2J9**
**Phone: (780) 478-5022; Fax: (780) 473-8979**

**CONTRACT:** $3,575

The goal of this project is to work with Edmonton residents, organizations and businesses to develop and implement a strategy to improve our community. Activities will include building flower beds, developing a gardening tools lending library and graffiti removal.

**PROJECT:** **The Consultation and Heart Health Project - PHF**
*Project #:* ***5555-09-1997/0010002***

**SPONSOR:** **Alberta Centre for Well-Being**
**3rd Floor, 11759 Groat Road**
**Edmonton AB T5M 3K6**
**Phone: (780) 453-8692; Fax: (780) 455-2092**

**CONTRIBUTION:** $8,705

The Centre oversees a project of two components. The first component, the Alberta Heart Health Project (AHHP) is a community-based initiative aimed at determining effective strategies for the promotion and advocacy of heart-healthy behaviours. Specifically, the project is seeking input from experts to assist in the development of a dissemination plan for Alberta. The second component of this project is to work with the HPPB Alberta/NWT Region to develop, organize and implement a consultation process with government, non-government and private sector organizations within Alberta, to gain input on priority-setting for the 1998-99 solicitation of the Population Health Fund.

**PROJECT:** **Adding It All Up: The Cost of Healthy Living in the City of Edmonton - PHF**
*Project #:* ***5555-09-1997/0010008***

**SPONSOR:** **Edmonton Social Planning Council**
**Suite 41, 9912 - 106 Street**
**Edmonton AB T5K 1C5**
**Phone: (780) 423-2031; Fax: (780) 425-6244**

**CONTRIBUTION:** $35,295

This project will work with academic institutions, community partners and grass-roots organizations to develop two community-validated cost-of-living indexes for individuals and their families living in Edmonton. These measures include a basic "survival" measure and a more moderate "participation" measure that will help to establish the annual income required to live healthy, productive lives in Edmonton.

**PROJECT:** **Towards a Supportive Community for Seniors in the 21st Century**
**Phase I Senior Friendly Alberta Initiative - PHF**
*Project #:* ***5555-09-1997/0010010***

**SPONSOR:** **Alberta Council on Aging**
**1740, 10130 - 103 Street**
**Edmonton AB T5J 3N9**
**Phone: (780) 423-7781; Fax: (780) 425-9246**

**CONTRIBUTION:** **$70,000**

This project will build on the work of the "Senior Friendly" Initiative in Alberta to foster, promote and support "senior friendly" businesses and services. Additionally, the project will support Alberta seniors, private, public and not-for-profit sector organizations prepare for the International Year of Older Persons 1999 through the marketing of "senior friendly" initiatives.

**PROJECT:** **Partnering Healthy Eating with Active Living - PHF**
*Project #:* ***5555-09-1997/0010015***

**SPONSOR:** **Dairy Nutrition Council of Alberta**
**14904 - 121A Avenue**
**Edmonton AB T5V 1A3**
**Phone: (780) 453-5942; Fax: (780) 455-2196**

**CONTRIBUTION:** **$10,000**

The two programs administered under this project are "Partnering Healthy Eating and Active Living in Schools" and "Partnering Healthy Eating and Active Living in the Workplace". This project will enhance the physical and nutritional health of Alberta's students and adults through an action-oriented, healthy eating and active living program to be offered in the schools and workplace. The project provides educational resources on nutrition and active living to teachers, community-based health professionals and workers at their worksite.

**PROJECT:** **Projet de traduction: Attention au faux pas et Actif pour la vie - PHF**
*Project #:* ***5555-09-1997/0010019***

**SPONSOR:** **Fédération des aînés franco-albertains**
**Pièce 205, 8527 rue Marie-Anne Gaboury**
**Edmonton AB T6C 3N1**
**Phone: (780) 466-8965; Fax: (780) 468-2565**

**GRANT:** **$13,000**

The purpose of this project is to provide older French Canadians with an injury and falls prevention and fitness program. French versions of the programs "Fit For Life" and "Steady As You Go" have been produced for dissemination in the Franco-Albertan community.

**PROJECT:** **Ressources en santé: Programme francophones aux couches - PHF**
*Project #:* ***5555-09-1997/0010020***

**SPONSOR:** **Fédération des parents francophones de l' Alberta**
**Pièce 203, 8527 rue Marie-Anne Gaboury**
**Edmonton AB T6C 3N1**
**Phone: (780) 468-6934; Fax: (780) 469-4799**

**CONTRIBUTION:** **$35,000**

This project aims to provide support and health-related information to Francophone parents with young children in the St. Paul region through a home visitor program. A Francophone home visitor will meet with new parents to link them with French educational and health resources and services in the region. During the visit, a kit will be distributed that contains health information in French, information on French educational resources and programs, a directory of French professional services in Alberta, a blanket, diapers and a musical cassette. As well, a poster that will be distributed in the province through Francophone resource centres is being developed. It will contain information on health and education.

**PROJECT:** **Community Wellness Program: Pilot Phase II Determinants of Health in the Planning, Design, Development and Delivery of Post Secondary Health Promotion Programs for Aboriginal People - PHF**
*Project #:* ***5555-09-1997/0010021***

**SPONSOR:** **Nechi Training, Research and Health Promotions Institute**
**Box 34007**
**Kingsway Mall Postal Outlet**
**Edmonton AB T5G 3G4**
**Phone: (780) 459-1884; Fax: (780) 458-1883**

**CONTRIBUTION:** **$15,000**

This project builds on the work of the Community Wellness Program, in collaboration with Grant MacEwan Community College, Keyano College, and Alberta Family and Social Services, to examine post secondary health promotion programs for Aboriginal people and assess the extent to which the broader health determinants are addressed.

**PROJECT:** **Santé en français en Alberta - PHF**
*Project #:* ***5555-09-1997/0010023***

**SPONSOR:** **Association canadienne-française de l' Alberta**
**#303, 8527 rue Marie-Anne Gaboury**
**Edmonton AB T6C 3N1**
**Phone: (780) 466-1680; Fax: (780) 465-6773**

**CONTRIBUTION:** **$37,000**

This project aims to increase Franco-Albertans' access to health professionals by expanding the directory of Francophone health professionals that is currently printed in booklet form and posted on the Web, as well as through monthly articles in French community journals. Support and networking opportunities for Francophone health and social service professionals will be facilitated through the development of a bulletin that is specifically designed for them. A literature scan on the barriers faced by people accessing health services in their second language and ongoing assessment of the needs of Francophone health professionals will guide this project and future activities.

**PROJECT:** **Indigenous Provincial Youth Leadership Seminar Phase III continued - PHF**
*Project #:* ***5555-09-1997/0010024***

**SPONSOR:** **Sport Alberta**
**Percy Page Centre**
**11759 Groat Road**
**Edmonton AB T5M 3K6**
**Phone: (780) 422-5657; Fax: (780) 422-2663**

**GRANT:** **$15,000**

The Alberta Future Leaders Program (AFL) is a community-based initiative that uses sport, recreation and the local environment to address the needs of Alberta's indigenous youth. The project will plan, implement and evaluate a workshop designed to increase participants' knowledge and understanding of working in communities, community decision-making processes, and strategies to influence and bring about change in response to community identified needs.

**PROJECT:** **The Young Adults Prevention Campaign Phase II - PHF**
*Project #:* ***5555-09-1997/0010025***

**SPONSOR:** **Alberta Community Council On HIV**
**#201, 11456 Jasper Avenue**
**Edmonton AB T5K 0M1**
**Phone: (780) 448-1768; Fax: (780) 488-3735**

**GRANT:** **$29,000**

This project is the second phase of a two part media campaign composed of targeted messages that seek to modify the sexual behaviours and attitudes of heterosexual males ages 18 - 26 and their partners using a social marketing approach.

**PROJECT:** **Community Animation Program (CAP) 1998/1999 - PHF**
*Project #:* ***6785-09-1998/2450039***

**SPONSOR:** **Alberta Environmental Network Society (AEN)**
**(with Alberta Lung Association)**
**10511 Saskatchewan Drive**
**Edmonton AB T6E 4S1**
**Phone: (780) 433-9302; Fax: (780) 433-9305**

**GRANT:** **$15,000**

The AEN will collaborate with Health Canada's Health Promotion and Programs Branch (HPPB), Environment Canada, the Alberta Lung Association and the Community Animation Program (CAP) Advisory Committee to coordinate the delivery of CAP in Alberta. The goal of CAP is to support community-based projects that address both health and environment issues to make progress towards community-identified sustainability goals. The CAP Advisory Committee includes representatives of the Alberta Department of Environmental Protection, Alberta Health, health and environment non-government organizations, Environment Canada, and HPPB.

**PROJECT:** **Taking Action: Moving Through the Years - PHF**
***Project #:*** ***6785-09-1998/2450041***

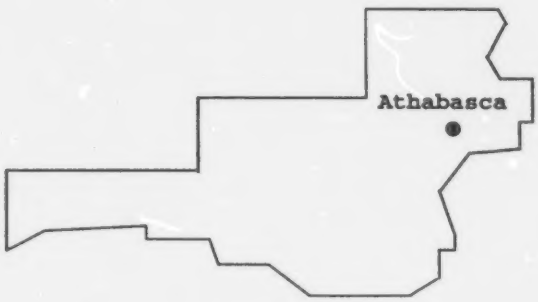
**SPONSOR:** **Be Fit for Life Network**
**W1-55, VanVliet Centre**
**University of Alberta**
**Edmonton AB T6G 2H9**
**Phone: (780) 492-4435; Fax: (780) 492-6577**

**CONTRIBUTION:** **$30,000**

One "Be Fit for Life" Centre, located in Edson, will work in partnership with the community to develop, implement and evaluate a pilot project designed to enhance the participation of independent seniors in active living programs in rural Alberta.

# Aspen Health Region
# Regional Health Authority #11

CPNP - 1
CAPC - 1



**PROJECT:** **Celebrating Children - CPNP**
***Project #:*** ***6971-09-96-039***

**SPONSOR:** **Calling Lake Child Development Society**
**Box 173**
**Calling Lake AB T0G 0K0**
**Phone: (780) 331-2005/2447; Fax: (780) 331-2121**

**CONTRIBUTION:** **$28,000**

This program focuses on at-risk women in the Smith and Calling Lake areas. There is special emphasis on education and support for the high percentage of teen mothers in both communities. Due to the high rate of gestational diabetes, the program also addresses dietary and life style management for both mothers and infants. Food and vitamin supplements are provided to at-risk mothers and their infants. Many of the at-risk women in these communities benefit from nutrition information, support and education on prenatal care and breastfeeding.

**PROJECT:** **Calling Lake Family Development Project - CAPC**
***Project #:*** ***4927-09-94-022***

**SPONSOR:** **Calling Lake Child Development Society**
**Box 173**
**Calling Lake AB T0G 0K0**
**Phone: (780) 331-2005; Fax: (780) 331-2121**

**CONTRIBUTION:** **$161,317**

This project offers a Head Start program for low-income children and their families from predominantly Cree and Métis groups. Community members received training culminating in Early Childhood Care Certification to enable them to staff the program. Special features of the program are: speech services, a volunteer component, a daily nutritious meal and snacks, and parent groups.

# Lakeland Health Region
# Regional Health Authority #12

AHS - 3
CPNP - 2
CAPC - 1
PHF - 1

**PROJECT:** **Awasisak and Family Development Circle Aboriginal Head Start Project - AHS**
***Project #:*** ***6973-09-95-020***

**SPONSOR:** **Awasisak and Family Development Circle**
**Box 2360**
**Lac La Biche AB T0A 2C0**
**Phone: (780) 623-3039; Fax: (780) 623-2733**

**CONTRIBUTION:** **$329,950**

This Aboriginal Head Start project is a joint initiative located in Lac La Biche with additional sites on the Kikino Métis Settlement and on the Buffalo Lake Métis Settlement. Program components use the Wheel of Holistic Child Development to meet the social, physical, intellectual, creative, emotional and spiritual needs of Aboriginal children. Community members and Elders are utilized in the project to enhance the program's cultural, linguistic and historical components. Nutritional snacks and lunches are provided and parent involvement is encouraged through volunteering. A parent liaison worker helps to facilitate linkages between parents and the program.

**PROJECT:** **Mannawanis Native Friendship Centre - AHS**
***Project #:*** ***6973-09-95-022***

**SPONSOR:** **Mannawanis Native Friendship Centre Society**
**Box 1358**
**St. Paul AB T0A 3A0**
**Phone: (780) 645-4630; Fax: (780) 645-1980**

**CONTRIBUTION:** **$201,650**

This project provides an Aboriginal Head Start program for children 3-6 years of age in St. Paul. A strong emphasis on culture is created by using the Cree language in the program's educational, spiritual and cultural components. Sound nutrition and health practices are integrated into the program by including a nutritious snack. The objectives of family healing and economic/social self-sufficiency are facilitated by outreach workers through home visits and training opportunities for parents.

**PROJECT:** **Bonnyville Canadian Native Friendship Centre/Fishing Lake Métis Settlement/ Elizabeth Métis Settlement - AHS**
***Project #:*** ***6973-09-95-023***

**SPONSOR:** **Bonnyville Canadian Native Friendship Centre**
**Box 5399**
**Bonnyville AB T9N 2G5**
**Phone: (780) 826-3374; Fax: (780) 826-2540**

**CONTRIBUTION:** **$329,950**

This project operates one site in Bonnyville with additional sites on the Elizabeth Métis Settlement and the Fishing Lake Métis Settlement. Children 3-6 years of age attend the program. Program goals include preparing children for grade one, increasing children's knowledge and understanding of Aboriginal culture, and promoting healthy relationships between parents and their children. This is achieved through sharing circles, activities and song. Sound nutrition and health practices are integrated into the program through a nutritious snack program. Family and community involvement is encouraged and parents participate as program volunteers and in fund-raising.

**PROJECT:** **Mishtawasis Project - CPNP**
*Project #:* *6971-09-96-041*

**SPONSOR:** **Mannawanis Native Friendship Centre Society**
**Box 1358**
**St. Paul AB T0A 3A0**
**Phone: (780) 645-4630; Fax: (780) 645-1980**

**CONTRIBUTION:** **$13,100**

This program provides nutritional supplements, nutrition counselling, support, education and referrals for pregnant women and new mothers with infants up to 12 months of age. The project includes tobacco reduction strategies for pregnant and parenting women and consultation with Aboriginal families. Pregnant women are encouraged to obtain a physician assessment early in their pregnancy and to access other referrals when necessary. Innovative projects such as collective kitchens and the community shared agriculture project provide a pro-active focus.

**PROJECT:** **Healthy Babies - CPNP**
*Project #:* *6971-09-1998/0140001*

**SPONSOR:** **Dr. Margaret Savage Crisis Centre**
**Box 419**
**Cold Lake AB T9M 1P1**
**Phone: (780) 594-5095; Fax: (780) 594-7304**

**CONTRIBUTION:** **$73,678**

This project has an outreach model of service delivery with outreach workers providing pre and postnatal support and education; nutritional supplement of milk, vitamins and food; and collective kitchens in the various communities. The outreach workers collaborate with local health providers to ensure a continuum of services are provided to support pregnant moms and their babies. The expected benefits of the project include improved nutrition and health among pregnant women, leading to healthier babies.

**PROJECT:** **Programme franco-accueil - CAPC**
*Project #:* *4927-09-1998/0130002*

**SPONSOR:** **Société des parents francophones de St-Paul et région**
**5609 - 53 Avenue**
**St. Paul AB T0A 3A1**
**Phone: (780) 645-3888; Fax: (780) 645-2045**

**CONTRIBUTION:** **$50,000**

The project includes four major activities: health promotion for children from 0 to 6 years of age through articles in newspapers and local newsletters; establishment of a home visiting service for all the Francophone families in the region; the development of services such as play groups, support groups for parents, and the creation of links with Anglophone agencies and government institutions in the health field in order to ensure that services are provided in French for the Francophone population of the region.

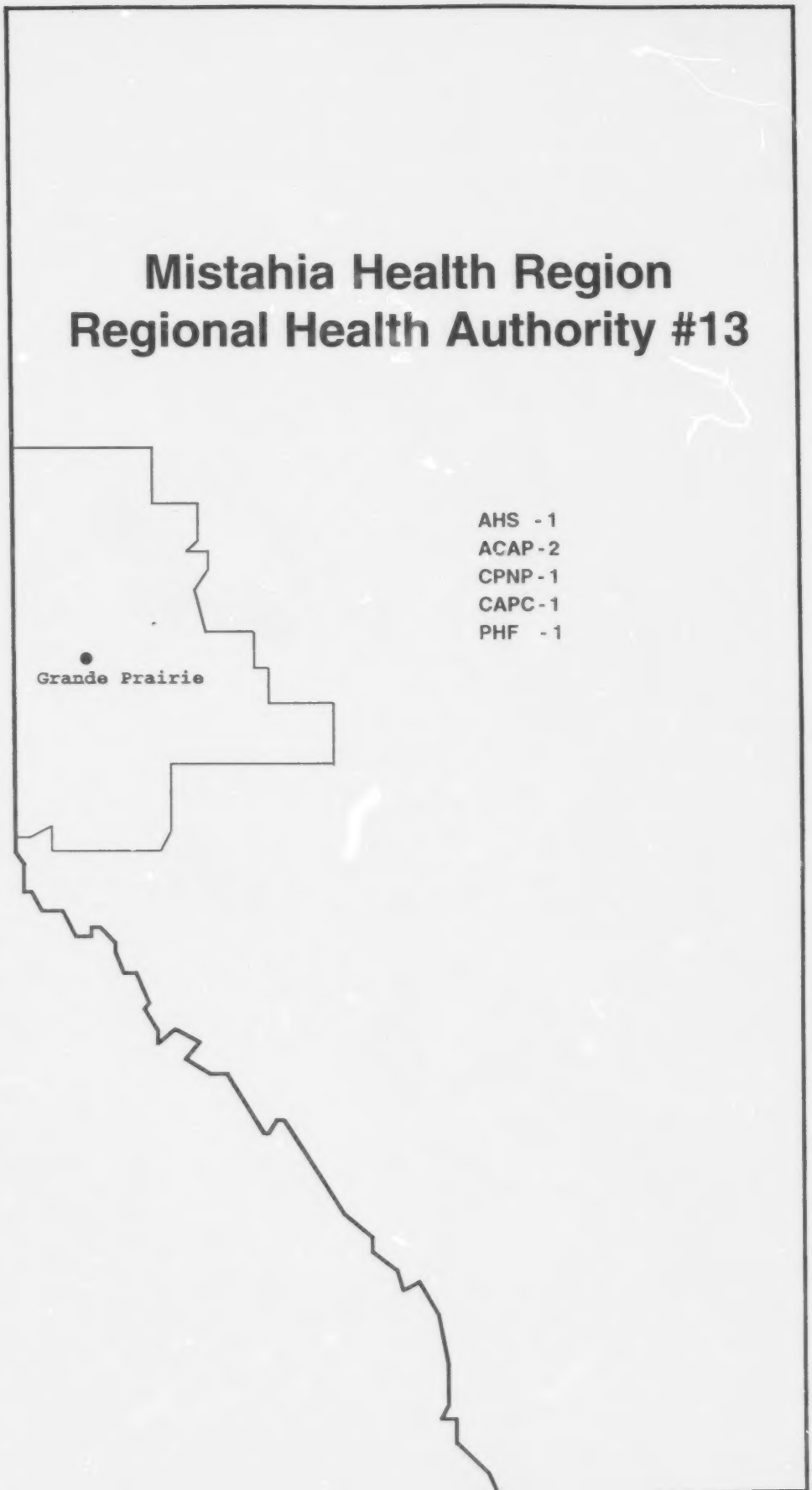
**PROJECT:** **Elder Health, Physical Activity and Fall Prevention Program - PHF**
*Project #:* *6785-09-1998/2450029*

**SPONSOR:** **Hearts for the Golden Age Society**
**Box 70**
**Thorhild AB T0A 3J0**
**Phone: (780) 398-3556; Fax: (780) 398-3580**

**GRANT:** $24,000

This project assists seniors to maintain and improve their quality of life by promoting their physical strength and mobility by reducing the incidence of falls. Two community-based workshops will be hosted to train 50 rural seniors as "Steady As You Go" (SAYGO) facilitators. Each trained facilitator will implement a 12 week SAYGO program in a rural community. The program increases seniors' awareness of the risk factors that contribute to falls and improves their leg, abdominal, and upper body strength and balance.

# Mistahia Health Region
# Regional Health Authority #13



**PROJECT:** **Grande Prairie Friendship Centre - Aboriginal Head Start - AHS**
*Project #:* *6973-09-95-019*

**SPONSOR:** **Grande Prairie Friendship Centre**
**10507 98 Avenue**
**Grande Prairie AB T8V 4L1**
**Phone: (780) 532-5722; Fax: (780) 539-5121**

**CONTRIBUTION:** $211,650

This project provides a welcoming, culturally sensitive and nurturing environment which supports the emotional, physical, mental and spiritual growth of children and their parents. An additional project goal is strengthening the family unit. A support worker coordinates the parent component of the program utilizing the Family Life Improvement Program developed by Native Counselling Services of Alberta. Children are introduced to the Cree language, music and dance. Elders spend time with the children on a regular basis. Sound nutrition and health practices are integrated and a parent advisory committee has been established.

**PROJECT:** **Keeping Afloat - ACAP**
*Project #:* *6555-2-542*

**SPONSOR:** **South Peace AIDS Council (SPAC)**
**Box 902**
**Grande Prairie, Alberta T8V 3Y1**
**Phone: (403) 538-3388; Fax: (403) 538-3368**

**GRANT:** $16,000.00

The Council uses its operational funding to continue its collaborative initiatives with agency and community partners. SPAC also conducts ongoing activities on prevention education with street-involved youth, marginalized women, and intravenous drug users. The Council addresses high risk behaviours of marginalized young people through outreach work, linkages to peer support groups and youth in alternative school programs, and involvement with personal development programs.

**PROJECT:** **Non-Prescription Needle Use (NPNU) - Harm Reduction - ACAP**
*Project #:* *6963-09-1998/0070027*

**SPONSOR:** **South Peace AIDS Council**
**Box 902**
**Grande Prairie AB T8V 3Y1**
**Phone: (780) 538-3388; Fax: (780) 538-3368**

**GRANT:** $10,000

This project provides ongoing outreach to intravenous drug users and liaison with community agencies and businesses. *Provincial AIDS has contributed $25,000 to this project.*

**PROJECT:** **Babies' Best Start - CPNP**
*Project #:* *6971-09-96-020*

**SPONSOR:** **Grand Prairie Friendship Centre**
**10507 98 Avenue**
**Grande Prairie AB T8V 4L1**
**Phone: (780) 532-5722; Fax: (780) 539-5121**

**CONTRIBUTION:** **$66,800**

The project aims to improve the early identification of nutritionally at-risk women, increase access to and effectiveness of existing services, increase clients' nutrition knowledge and encourage them to initiate and sustain breastfeeding throughout the health region. At-risk women determine appropriate and culturally sensitive methods to provide nutrition education. They are also involved in support programs, research, and needs assessments. Concrete methods such as the establishment of collective kitchens and the provision of milk and vitamin supplements assist women in maintaining a nutritious diet.

**PROJECT:** **Enhanced Babies Program - CAPC**
*Project #:* *4927-09-1998/0140018*

**SPONSOR:** **Grand Prairie Friendship Centre**
**10507 - 98 Avenue**
**Grande Prairie AB T8L 4L1**
**Phone: (780) 532-5722; Fax: (780) 532-5121**

**CONTRIBUTION:** **$66,200**

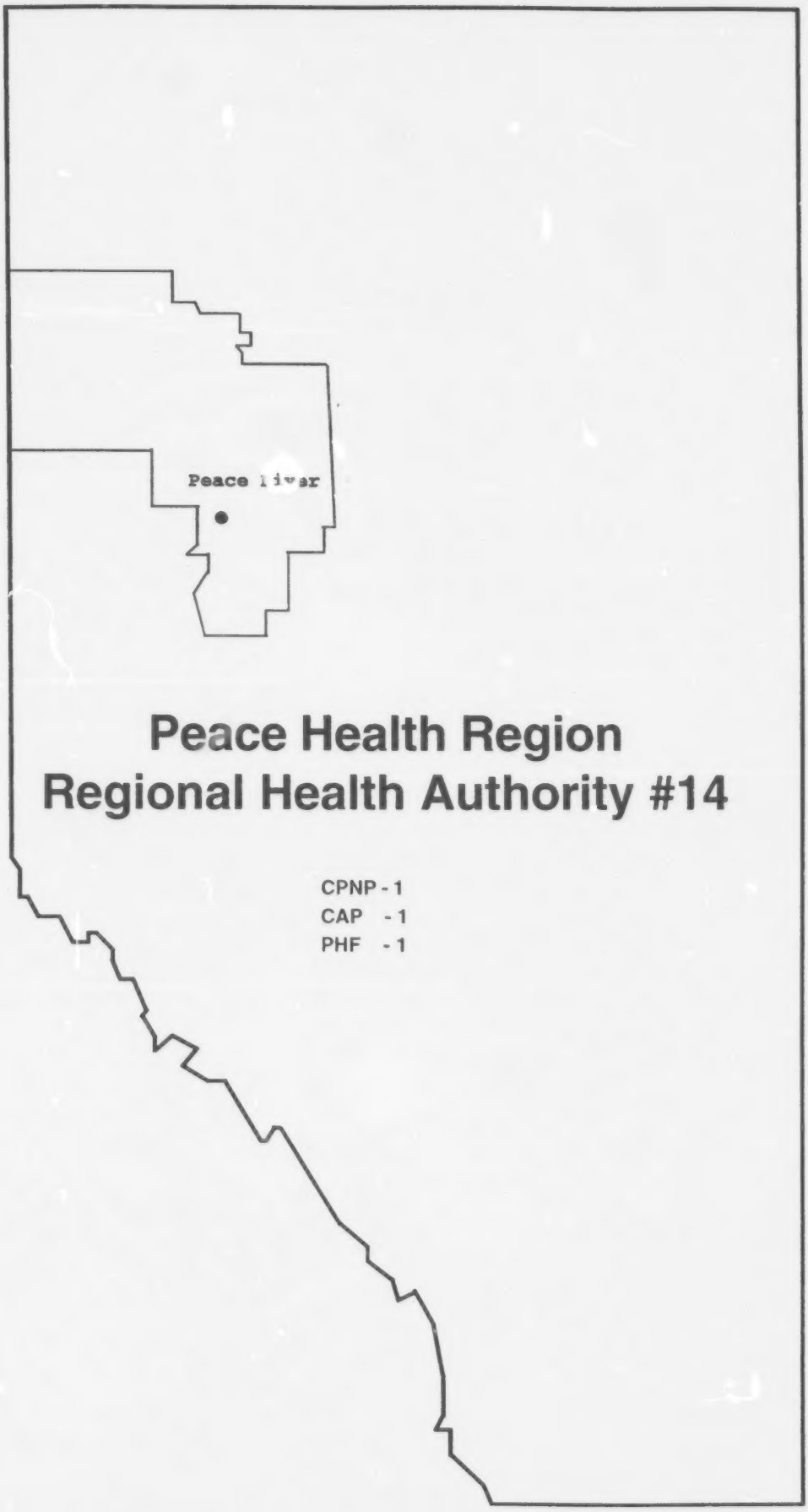
The goal of this project is to build on the successful community development activities of the existing CPNP project at the Centre. The program will be expanding the parent education component to include literacy. The children's program will be extended to age 2 to promote health and social development, and outreach/home visiting services will be added. Training and continuing education of staff, volunteers and community partners will build local capacity in the areas of parenting and early childhood development. The project will participate in the CAPC National Evaluation and will incorporate evaluation as on ongoing component.

**PROJECT:** **Suicide Prevention - PHF**
*Project #:* *6785-09-1998/2450044*

**SPONSOR:** **Grand Prairie and District Chamber of Commerce**
**124, 10632 - 102 Avenue**
**Grande Prairie AB T8V 6J8**
**Phone: (780) 532-5340; Fax: (780) 532-2926**

**CONTRIBUTION:** **$25,000**

The purpose of this project is to conduct a suicide prevention program that targets males between 25 to 50 years of age who are employed in trades and industry occupations. Suicide is the second highest cause of injury and death in the region, and males account for 89 percent of completed suicides. Based on the results of focus groups with the target population, the project will implement and evaluate suicide awareness workshops and develop an educational package for agricultural sales staff which will include information on how to recognize signs and take appropriate action if an individual is at-risk.




# Peace Health Region
# Regional Health Authority #14

CPNP - 1
CAP - 1
PHF - 1

**PROJECT:** **Building Better Babies - CPNP**
*Project #:* *6971-09-96-026*

**SPONSOR:** **Peace River Childbirth Education Association**
**Box 5049**
**Peace River AB T8S 1R7**
**Phone: (780) 624-2623; Fax: (780) 624-2623**

**CONTRIBUTION:** **$78,900**

The purpose of this project is to reduce inequities and barriers for women with at-risk pregnancies. "Health for Two" Manuals are made available to the target group. Referrals systematically connect women with one-to-one counselling, group education and support. Retailers are involved in a milk and vitamin supplement program and the food bank assists by distributing food hampers. Other activities include the establishment of a collective kitchen by community groups and the training of peer educators.

**INITIATIVE:** **Family Wellness Fair - CAP**

**SPONSOR:** **Smoky River Family and Community Support Services**
**Box 420**
**Falher AB T0H 1M0**
**Phone: (780) 837-2220; Fax: (780) 837-2647**

**CONTRACT:** **$1,000**

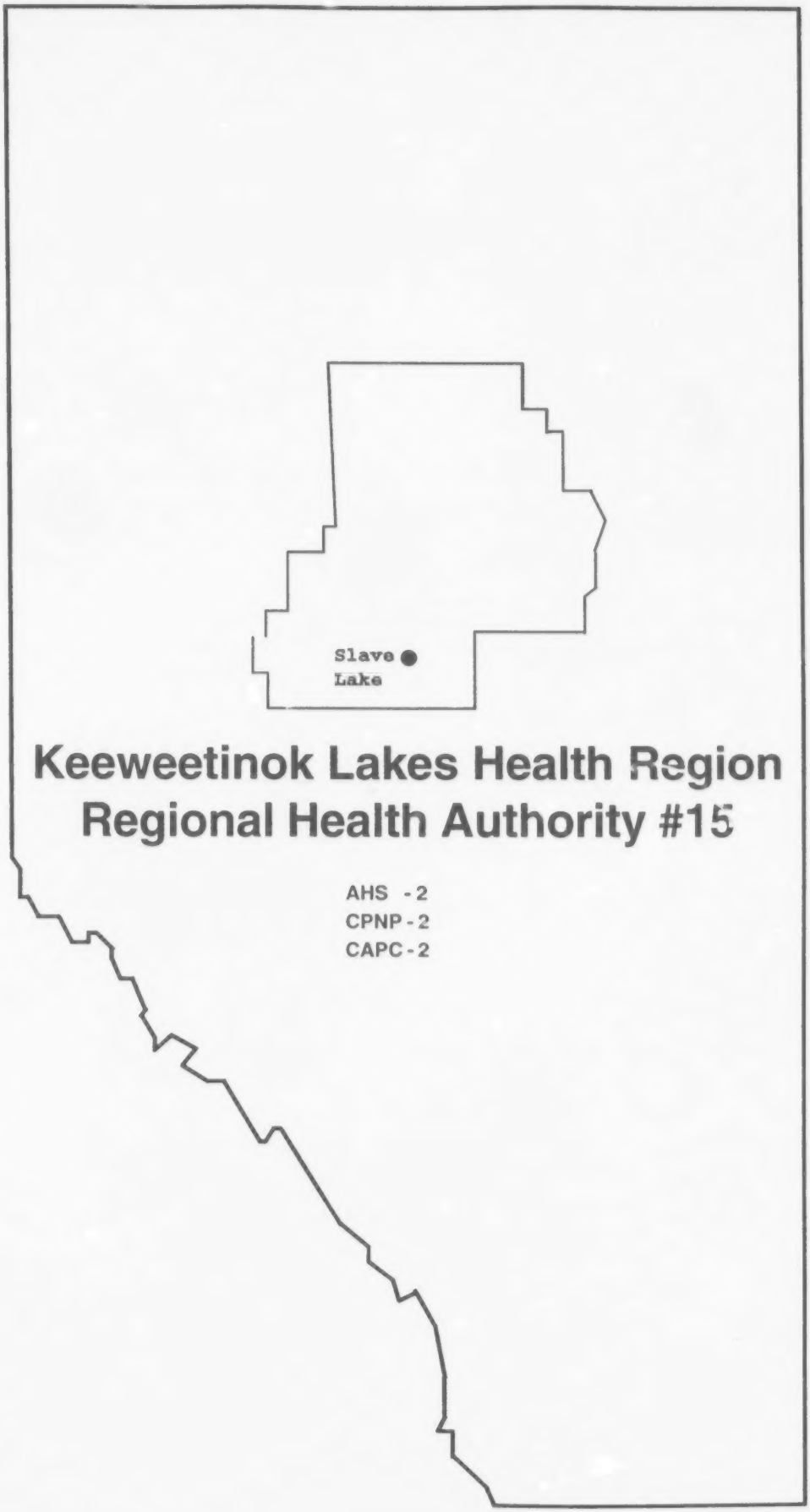
The purpose of this event is to celebrate the family, recognize family strengths and provide opportunities to enhance family well-being in the Smoky River area. The goal of this event is to organize and coordinate two days (one full day and one evening) of fun and relaxing bilingual activities (French and English) for the family. The event will be an opportunity for the families to identify things they already do and to find simple new ways to improve their health and the health of their family and community. Partners for the Fair include service providers, schools, churches, and health and environment community groups.

**PROJECT:** **Project RAISE: Raising Adolescent Interest in Supportive Environments - PHF**
*Project #:* *6785-09-1998/2450038*

**SPONSOR:** **Peace Learning Association for Lifelong Learning**
**Bag 3500**
**Peace River AB T8S 1V9**
**Phone: (780) 624-5695; Fax: (780) 624-1769**

**GRANT:** **$15,000**

The project, which targets adolescents 11 to 15 years of age in the Peace Health Region, aims to enable adolescents to assess harassment and intimidation issues and will encourage student skill development in the area of conflict resolution. A drama presentation will be staged at four rural junior highs. Sensitivity training sessions on high aggression behaviours will be conducted for students in Grades 6 and 7 in five targeted communities. As well, all students in grades 6 to 9 in the region will be invited to participate in the planning, implementation, and evaluation of a Student Empowerment Program to increase awareness of supportive attitudes, behaviours and environments that decrease high aggression behaviours.




# Keeweetinok Lakes Health Region
# Regional Health Authority #15

AHS - 2
CPNP - 2
CAPC - 2

**PROJECT:** **Peavine Métis Settlement/Gift Lake Métis Settlement - AHS**
*Project #:* *6973-09-95-014*

**SPONSOR:** **Peavine Métis Settlement**
**Box 238**
**High Prairie AB T0G 1E0**
**Phone: (780) 523-5944; Fax: (780) 523-5616**

**CONTRIBUTION:** **$203,300**

This Aboriginal Head Start project operates on the Peavine Métis Settlement with an additional site on the Gift Lake Métis Settlement. Each site delivers a pre-school program for children 3½ - 4½ years of age. A parent-toddler play group focuses on parent/child interaction, learning through play and parental skill development. The project includes parental involvement through an advisory committee with program activities designed to meet parents' identified needs. A nutrition program for children is provided and cultural activities include traditional arts, music, crafts, Cree language learning, and story-telling by Elders.

**PROJECT:** **Neeyanan Community Association/Peerless Lake and Trout Lake - AHS**
*Project #:* *6973-09-95-018*

**SPONSOR:** **Neeyanan Community Association**
**Box 9**
**Peerless Lake AB T0G 2W0**
**Phone: (780) 869-3992; Fax: (780) 869-3740**

**CONTRIBUTION:** **$203,300**

The sponsor operates Aboriginal Head Start programs in both Peerless Lake and Trout Lake. An important project goal is to provide Aboriginal children with learning that enhances and promotes their holistic growth through cognitive, social, emotional, and physical experiences. Program activities are based on the Cree language, culture and heritage. A hot lunch program is offered through the schools. Parents and extended family members are involved in program planning, implementation, and evaluation.

**PROJECT:** **Tri-Settlement Prenatal Nutrition - CPNP**
*Project #:* *6971-09-96-031*

**SPONSOR:** **Gift Lake Métis Settlement**
**Box 60**
**Gift Lake AB T0G 1B0**
**Phone: (780) 767-3794; Fax: (780) 767-3888**

**CONTRIBUTION:** **$33,800**

Gift Lake Métis Settlement, in partnership with Peavine Métis Settlement and East Prairie Métis Settlement, carries out activities for this program which include community education in food purchasing as well as culturally appropriate meal preparation and budgeting. Information sessions, regular classes and workshops support ongoing health education. Within the community, social supports will be enhanced by home visits. Each settlement has external partners who provide services and share resources. Elders and volunteers are involved in planning and program delivery.

**PROJECT:** **The Good Start Prenatal Program - CPNP**
***Project #:*** ***6971-96-034***

**SPONSOR:** **Lesser Slave Lake Indian Regional Council**
**Box 1740**
**High Prairie AB T0G 1E0**
**Phone: (780) 523-4401; Fax: (780) 523-4406**

**CONTRIBUTION:** **$47,415**

The purpose of this program is to provide parenting and educational sessions geared toward at-risk women between the ages of 12 to 24. The program provides milk coupons, food hampers, and vitamin and mineral supplements. The program also highlights the importance of breastfeeding through classes and peer support groups. This region experiences a high rate of adolescent pregnancies and a pattern of low birth weights stemming from lack of understanding about the negative effects of a poor diet, smoking, and alcohol consumption during pregnancy. A high incidence of diabetes mellitus often exacerbated by poor diet has also been identified in this region.

**PROJECT:** **Little People Project - CAPC**
***Project #:*** ***4927-09-94-026***

**SPONSOR:** **Peckiskwectan Let's Talk Society**
**Box 180**
**Wabasca AB T0G 2K0**
**Phone: (780) 891-3640; Fax: (780) 891-3626**

**CONTRIBUTION:** **$102,500**

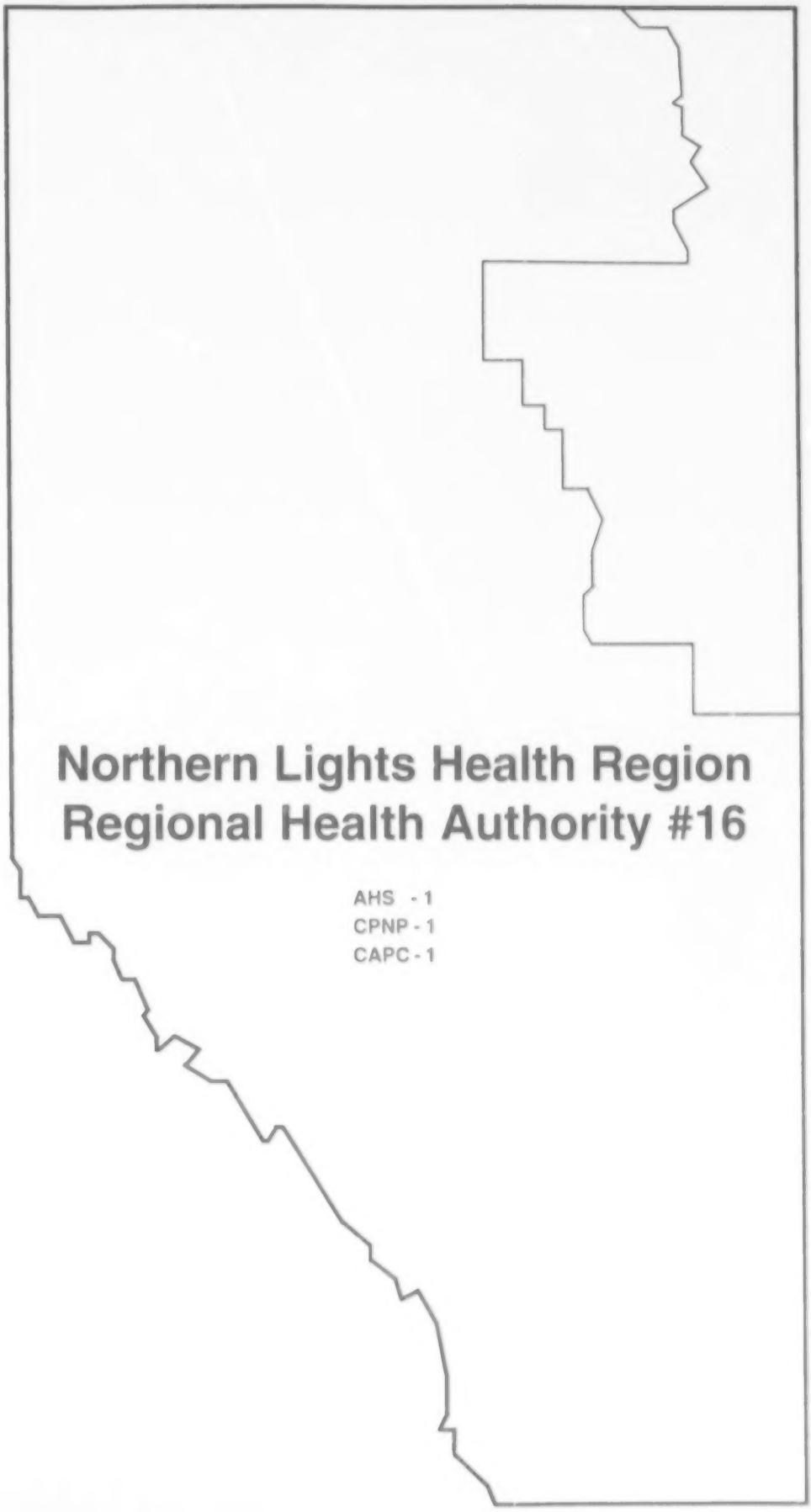
This project includes a playschool in Wabasca; the activities of a parenting facilitator who has implemented Nobody's Perfect and a variety of group programs for parents and pre-schoolers; and an early stimulus program for toddlers in Sandy Lake.

**PROJECT:** **Brighter Futures Program - CAPC**
***Project #:*** ***4927-09-95-028***

**SPONSOR:** **High Prairie & District Children's Resource Council**
**Box 888**
**High Prairie AB T0G 1E0**
**Phone: (403) 523-2715; Fax: (403) 523-6709**

**CONTRIBUTION:** **$154,500**

This project serves several isolated communities and has two components. The Family Life Education Component provides information and training on a variety of topics including parenting skills, sexuality, nutrition, and family violence. The Child Development Component includes learning through play programs, a toy lending library, and access to playschool programs. This project is using a community development approach.



# Northern Lights Health Region
# Regional Health Authority #16

AHS - 1
CPNP - 1
CAPC - 1

**PROJECT:** **Chip Child Development Society Aboriginal Head Start - AHS**
*Project #:* *6973-09-95-016*

**SPONSOR:** **Chip Child Development Society**
**Box 479**
**Fort Chipewyan AB T0P 1B0**
**Phone: (780) 697-3730; Fax: (780) 697-3500**

**CONTRIBUTION:** **$201,650**

This Aboriginal Head Start project operates four days per week for children 3-5 years of age with an in-home component for younger children. The program focuses on the holistic development of the child with an emphasis on physical, mental, spiritual and emotional health. Elders are involved in the cultural component of the project. Parental involvement is encouraged through monthly newsletters and home visits.

**PROJECT:** **Food for Two - CPNP**
*Project #:* *6971-09-96-024*

**SPONSOR:** **The Children's Centre**
**100, 9913 Biggs Avenue**
**Fort McMurray AB T9H 1S2**
**Phone: (780) 743-3309; Fax: (780) 743-1995**

**CONTRIBUTION:** **$30,322**

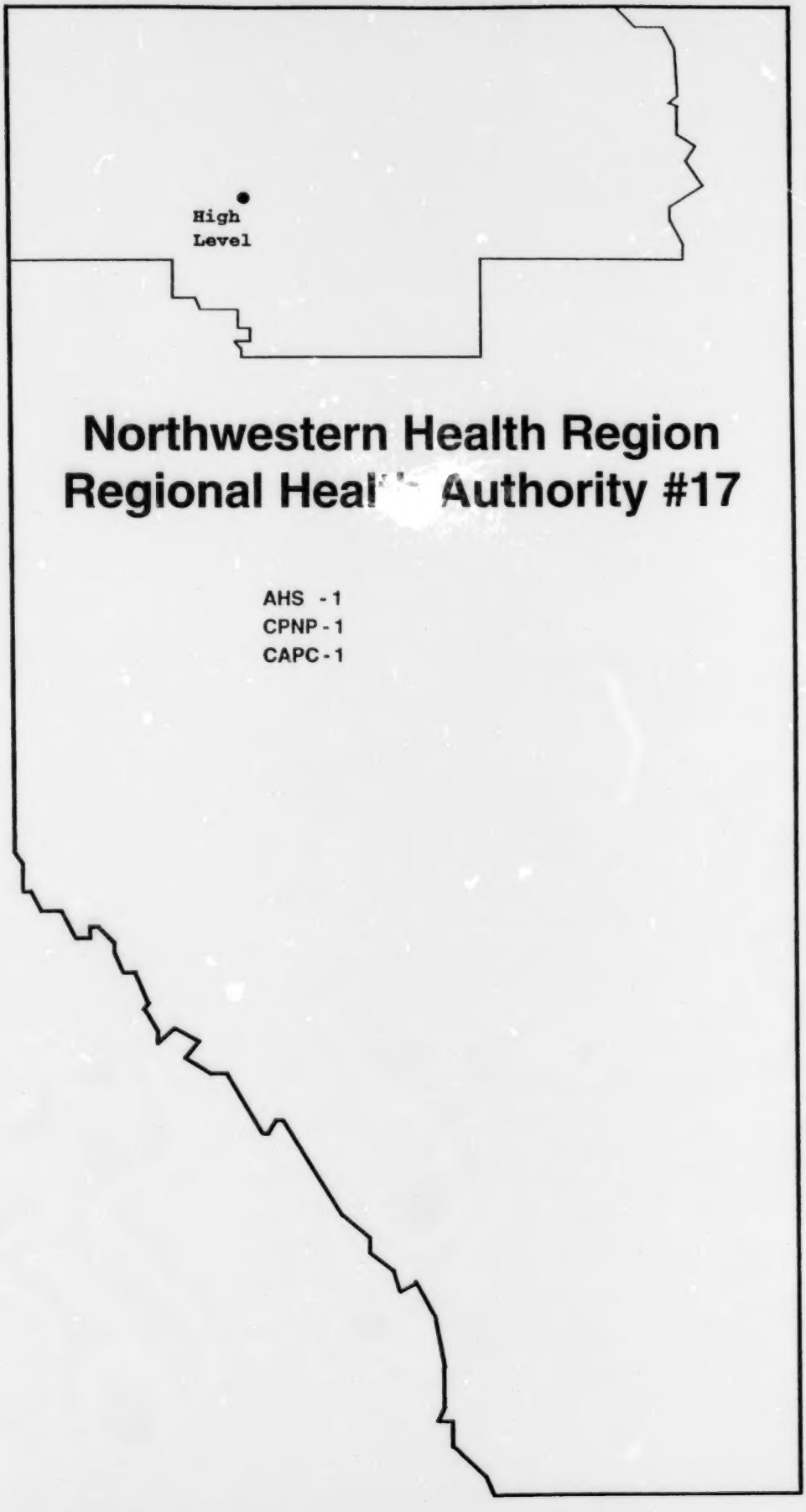
The Food for Two Program enables at-risk women to make healthy, informed choices for themselves and their families leading to improved health for mothers and their infants. The program focuses its efforts on increasing access to and enhancing existing prenatal programs in the Fort McMurray and surrounding area. It offers nutritional supplements, breastfeeding support, prenatal education and care, nutrition assessment, milk coupons and skill development. This program also emphasizes the importance of reducing alcohol and tobacco use during pregnancy.

**PROJECT:** **Brighter Future's Program - CAPC**
*Project #:* *4927-09-94-021*

**SPONSOR:** **The Children's Centre**
**100, 9913 Biggs Avenue**
**Fort McMurray AB T9H 1S2**
**Phone: (780) 743-3309; Fax: (780) 743-1995**

**CONTRIBUTION:** **$393,300**

This project operates a multicultural pre-school, a Parent Toddler Drop-In, Family Visitors and a Rural Pre-School Program. The program emphasizes parent involvement and an appreciation of diverse cultural backgrounds.




# Northwestern Health Region
# Regional Heal[illegible] Authority #17

AHS - 1
CPNP - 1
CAPC - 1

**PROJECT:** **High Level Aboriginal Head Start -AHS**
***Project #:*** ***6973-09-95-015***

**SPONSOR:** **High Level Native Friendship Centre**
**Box 1735**
**High Level AB T0H 1Z0**
**Phone: (780) 926-3355; Fax: (780) 926-2038**

**CONTRIBUTION:** **$201,650**

This Aboriginal Head Start project operates 4 days per week for children 3-5 years of age. Program activities are based on the Cree and Dene culture and heritage and involve a Cree Elder. Children are involved in daily activities including the preparation of a nutritious snack. Also, parents meet to discuss topics that enhance their knowledge and ability to help themselves and their children. Family life educators make regular home visits.

**PROJECT:** **Regional Prenatal Nutrition Program - CPNP**
***Project #:*** ***6971-09-96-022***

**SPONSOR:** **High Level Native Friendship Centre**
**Box 1735**
**High Level AB T0H 1Z0**
**Phone: (780) 926-3355; Fax: (780) 926-2038**

**CONTRIBUTION:** **$58,800**

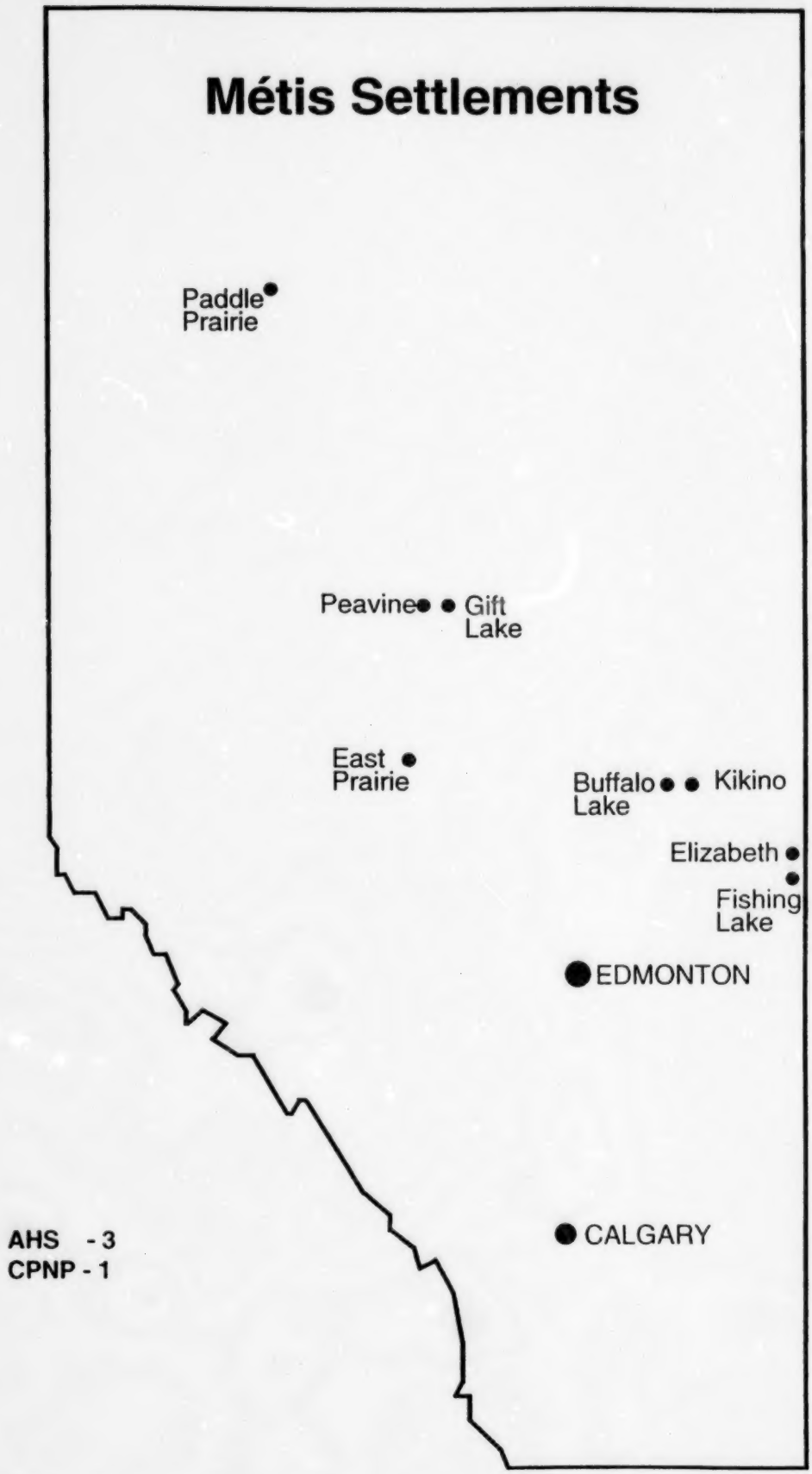
This program focuses on developing and implementing a medical referral system, nutritional assessment counselling and group education sessions in High Level and several surrounding communities. It also teaches women how to prepare nutritious food on a low budget as well as providing them with food hampers and milk coupons. Concepts and practices pertaining to native spirituality are incorporated throughout all educational experiences.

**PROJECT:** **Brighter Futures - CAPC**
***Project #:*** ***4927-09-93-008***

**SPONSOR:** **Coalition for Far Northwest Alberta Brighter Futures Society**
**Box 1710**
**High Level AB T0H 1Z0**
**Phone: (780) 926-2754; Fax: (780) 926-3177**

**CONTRIBUTION:** **$415,300**

This project serves the town of High Level and six remote culturally diverse northern communities. It is a comprehensive initiative which includes Head Start programs, parenting groups, Family Life Education, children's programs, infant and child nutrition and injury prevention.


Métis Settlements
Paddle Prairie
Peavine
Gift Lake
East Prairie
Buffalo Lake
Kikino
Elizabeth
Fishing Lake
EDMONTON
CALGARY
AHS - 3
CPNP - 1

# THE MÉTIS SETTLEMENTS

The Métis Settlements of Alberta represent the only land-based Métis people in Canada and are comprised of eight distinct Métis settlements distributed throughout northern Alberta. These are the Buffalo Lake, East Prairie, Elizabeth, Fishing Lake, Gift Lake, Kikano, Paddle Prairie and Peavine Métis Settlements.

In 1996, the Métis Settlements General Council (representing the eight Métis Settlements) and the Government of Alberta entered into agreement to establish Region 18 Child and Family Services Authority to plan and deliver child and family services for the residents of the settlements.

The Health Promotion and Programs Branch, Health Canada, delivers several community-based programs in the settlements. Although these appear in this summary document under the appropriate regional health authority, for ease of reference we are also listing them here as they fall within the jurisdiction of Region 18 Child and Family Services Authority.

**PROJECT:** **Peavine Métis Settlement/Gift Lake Métis Settlement - AHS**
*Project #:* *6973-09-95-014*

**SPONSOR:** **Peavine Métis Settlement**
**Box 238**
**High Prairie AB T0G 1E0**
**Phone: (780) 523-5944; Fax: (780) 523-5616**

**CONTRIBUTION:** **$203,300**

This Aboriginal Head Start project operates on the Peavine Métis Settlement with an additional site on the Gift Lake Métis Settlement. Each site delivers a pre-school program for children 3½ - 4½ years of age. A parent-toddler play group focuses on parent/child interaction, learning through play and parental skill development. The project includes parental involvement through an advisory committee with program activities designed to meet parents' identified needs. A nutrition program for children is provided and cultural activities include traditional arts, music, crafts, Cree language learning and story-telling by Elders.

**PROJECT:** **Bonnyville Canadian Native Friendship Centre/Fishing Lake Métis Settlement/ Elizabeth Métis Settlement - AHS**
*Project #:* *6973-09-95-023*

**SPONSOR:** **Bonnyville Canadian Native Friendship Centre**
**Box 5399**
**Bonnyville AB T9N 2G5**
**Phone: (780) 826-3374; Fax: (780) 826-2540**

**CONTRIBUTION:** **$329,950**

This project operates one site in Bonnyville with additional sites on the Elizabeth Métis Settlement and the Fishing Lake Métis Settlement. Children 3-6 years of age attend the program. Program goals include preparing children for grade one, increasing children's knowledge and understanding of Aboriginal culture and promoting healthy relationships between parents and their children. This is achieved through sharing circles, activities and song. Sound nutrition and health practices are integrated into the program through a nutritious snack program. Family and community involvement are encouraged and parents participate as program volunteers and in fund-raising.

**PROJECT:** **Awasisak and Family Development Circle Aboriginal Head Start Project - AHS**
*Project #:* *6973-09-95-020*

**SPONSOR:** **Awasisak and Family Development Circle**
**Box 2360**
**Lac La Biche AB T0A 2C0**
**Phone: (780) 623-3039; Fax: (780) 623-2733**

**CONTRIBUTION:** **$329,950**

This Aboriginal Head Start project is a joint initiative located in Lac La Biche with additional sites on the Kikino Métis Settlement and on the Buffalo Lake Métis Settlement. Program components use the Wheel of Holistic Child Development to meet the social, physical, intellectual, creative, emotional and spiritual needs of Aboriginal children. Community members and Elders are utilized in the project to enhance the program's cultural, linguistic and historical components. Nutritional snacks and lunches are provided and parent involvement is encouraged through volunteering. A parent liaison worker helps to facilitate linkages between parents and the program.

**PROJECT:** **Tri-Settlement Prenatal Nutrition - CPNP**
*Project #:* *6971-09-96-031*

**SPONSOR:** **Gift Lake Métis Settlement**
**Box 60**
**Gift Lake AB T0G 1B0**
**Phone: (780) 767-3794; Fax: (780) 767-3888**

**CONTRIBUTION:** **$33,800**

Gift Lake Métis Settlement, in partnership with Peavine Métis Settlement and East Prairie Métis Settlement, carries out activities for this program which include community education in food purchasing as well as culturally appropriate meal preparation and budgeting. Information sessions, regular classes and workshops support ongoing health education. Within the community, social supports will be enhanced by home visits. Each settlement has external partners who provide services and share resources. Elders and volunteers are involved in planning and program delivery.

# Health Promotion and Programs Branch
# Alberta/NWT Region

## Edmonton Office:

Suite 815, Canada Place
9700 Jasper Avenue
Edmonton, Alberta
T5J 4C3

Tel: (780) 495-2754
Fax: (780) 495-5537

| | | |
|---|---|---|
| Don Onischak | Regional Director | 495-2278 |
| Penny Mosmann | Manager, Research & Knowledge Development | 495-4280 |
| Brenda Cantin | Manager, Population Health | 495-5113 |
| Mauricette Howlett | Manager, Social Marketing and Partnerships | 495-5112 |
| Judy Smail | A/Manager, Planning and Operations | 495-4697 |

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620 Harry Hays Building
220 4th Avenue SE
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T2G 4X3

Tel: (403) 292-6714
Fax: (403) 292-6696

| | | |
|---|---|---|
| Karen Garant-Radke | Manager, Childhood and Youth | 292-6691 |

# Check it Out!

## *Health Promotion On-Line*

the national website for

## Health Promotion and Programs Branch
## Health Canada

http:/www.hc-sc.gc.ca/healthpromotion

- Adult Health
- Aging and Seniors
- Alcohol and Other Drugs
- Breast Cancer
- Cervical Cancer
- Childhood and Youth
- Countrywide Integrated Non-Communicable Disease Intervention Program (CINDI)
- Comprehensive School Health
- Diabetes
- Family Violence Prevention
- Fitness & Active Living
- HIV/AIDS
- Health Care
- Health Promotion Development
- Healthy Environment
- Heart Health/Heart Health Kit
- Hypertension
- Mental Health
- National Health Research and Development Program (NHRDP)
- Nutrition
- Population Health Development
- Social Marketing
- Tobacco Reduction
- Workplace Health

For further information about the projects
in this book, please contact:

Health Canada
Health Promotion and Programs Branch
Alberta/Northwest Territories Region
Suite 815, Canada Place
9700 Jasper Avenue
Edmonton, Alberta
T5J 4C3

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Canada